

Freestyle Daily



NORWEGIAN CRUISE LINE®
FREESTYLE CRUISING®

Norwegian Star

Monday, 31st March, 2008
Location: Los Angeles, CA

Today's forecast
Sunny, 66F/18C

Sunrise
6:42am

Sunset
7:11pm

All Aboard
3:00pm

Tip of the day

Freestyle Cruising gives you more freedom in entertainment choices. Choices include Comedy, Phenomenal Jean Ann Ryan Production Shows, The Second City & a host of other entertainment events. Six of our Bars & Lounges feature a variety of musical selections, from Motown to Soft Rock. To top it all off, we give you over ten different dining options to choose from. Always check your Freestyle Daily for a list of Entertainment choices.

Tonight's entertainment

Stardust Welcome Aboard Showtime

Meet your Cruise Director Ricky Matthews and be entertained by the Jean Ann Ryan Company, performers Jana Seale, Sean Burns and Stan Sykes. Tonight's show is a taste of things to come. Music provided by the Norwegian Star Show Band. One show only. We kindly request that no minors be seated on the first two rows of the theater.

Time: 9:00pm, Stardust Theater, Decks 6 & 7, Fwd

Viva Mexico Party

Viva Mexico! Party with us for a chance to win a valuable piece of "Park West" Fine Art. Get your raffle tickets at the party. Must be present to win. Join your Cruise Director's Staff as we dance the night away with DJ Jasper.

Time: 10:45pm, Carousel Lounge, Deck 7, Fwd

What's on tap today

Shore Excursion Desk: Don't be stranded in port without something to do. We've got something to offer everybody in Acapulco, Zihuatanejo, Puerto Vallarta and Cabo San Lucas. Space is limited. (Closed during Boat Drill)
Time: 1:00pm-3:00pm & 4:00pm-7:00pm
Grand Atrium, Deck 7, Mid

Boat Drill: We are conducting the Emergency Boat Drill. This is a mandatory drill. All guest services will cease at 3:15pm until the drill is completed. Please view our safety video on tv channel 15 for more information and listen to announcements for further instructions.
Time: 3:30pm

Star Club Casino: Sign up for your player's card after 2pm. Every sign up receives a free raffle ticket for the draw at 5pm and a coupon book with \$40 worth of promotions. Once a member, get a chance to win a free cruise for two. Casino Lotto jackpot is over \$163,000. Drawing at 10:45pm, \$2/ticket.
Casino Opens: 5:00pm (approx.)

What do I wear?: With Freestyle Cruising, you're pretty much welcome to wear whatever, whenever. Our philosophy is "resort casual" and you'll find there are places for your style all over the ship, day and night. Daytime, it's all fine since we know you're probably headed to the pool or out for an excursion. Casual shorts, jeans, tops and sundresses are welcome everywhere. Wear your swimsuit to the poolside grill or the buffet. Resort casual dress gets you into every bar, lounge and dining venue at night. Want to get all decked out? A fun choice anywhere on the ship. In the mood for casual shorts? Enjoy dinner in the buffet. How about your favorite nice jeans? They're welcome in almost all of our restaurants. Hey, it's your vacation, there's a venue that suits your style.

Guided Ship Tours: See your friendly Cruise Staff as you explore the Norwegian Star. (Galley, Engine & Bridge not included)
Time: 2:00pm & 7:00pm
Red Lion Pub, Deck 7, Aft

How do I find my cabin?

Firstly, look at your cabin number & memorize it as it is not printed on your key card. This is for security reasons in case you lose your key.

The first digit of your cabin number represents the deck you are on. The second digit tells you which side of the ship you live on. 0, 1, & 2 are on the Starboard side (Right side when facing forward). The numbers 5, 6 & 7 are on the Port side (Left side when facing forward). Numbers 0 & 5 are near the forward staircase (**Blue**). 1 & 6 are near the midship staircase (**Red**) and 2 & 7 are near the aft staircase (**Green**). Please Note that Starboard side cabin doors are blue, and Port side doors are Maroon.

The last digits represent your actual room number: Please note that even ending numbers are outside cabins and odd ending numbers are inside cabins. Example: 10702 is an outside cabin on deck 10 aft, Port side, & 8069 is an inside cabin on deck 8 Starboard side forward.

We respectfully ask, because we care, that all guests use the hand sanitizing stations at all times, especially when coming back from all ports of call and before dining in our restaurants. If you develop any kind of gastrointestinal symptoms then please report them immediately by calling 3333 or 00. No fee will apply for consultation, only for medication.

Don't miss this!

Sail Away Party & BBQ: Wave "Goodbye" to LA & "Hello" to your vacation... Join your Cruise Director Ricky and Staff for a spectacular Sail Away with BBQ. Music by Xcite.
Time: After Drill (Approx. 4:00pm), Poolside, Deck 12, Mid

Bar Manager's Specials

Drink of the day: "Mangopolitan", \$7.95 (Served in a Souvenir Glass) **Sail Away Drink Special:** "Bon Voyage"

Fruit Smoothie: "Cantaloupe", \$9.00; without alcohol \$6.00 (Served in a Souvenir Smoothie Cup)

Coffee of the day: "Mexican Coffee" **Today's Shooter:** "Kahlua Sombrero", \$3.50

Martini of the day: "Passionate Martini", \$8.25 **Vodka of the day:** "Tanquary Sterling"

Star Bar: Cheese plate available with wine from 5:00pm-9:00pm

Please check out NCL's unlimited fountain soda program. Ask our friendly bar staff for info. (Adults-\$6.25/day & Kids-\$4.00/day+15% gratuity)

Dear Cruise Director,

Can I use my cell phone on the ship?

Yes, you can make & receive calls from around the world on your cell phone when at sea. When in port, you will be connected and billed through your home carrier's local roaming partner.

For added convenience, ship to shore dialing is also available from your stateroom. Just refer to the instructions in the compendium.

You can also stay connected with NCL's daily newspaper service delivered to your stateroom. You can even access email using the workstations in our Internet Café. If you have a laptop, "wireless hotspots" are located in the **Atrium, Blue Lagoon, Oasis Poolside, the Library and the Internet Café.**

Various Computer Classes are also offered during the cruise. More questions? Stop by our Internet Café located on Deck 9, Mid.

Shore Excursions

First time in Acapulco? The Cliff Divers are not to be missed. This exciting shore excursion and more information on available tours will be covered in our Shore Excursions Talk tomorrow morning at 10:00am in the Stardust Theater.

Time: 1:00pm-3:00pm & 4:00pm-7:00pm
Grand Atrium, Deck 7, Mid

Photo Gallery

Your embarkation photos are ready. We will be capturing memories throughout your cruise. Visit us for all your photographic needs. Printing from your digital media card is available.

Time: 7:00pm-11:00pm
Photo Gallery, Deck 7, Fwd

Internet Café

Embarkation Special: Purchase an Internet time plan today & receive up to 20 additional minutes free. Enter the raffle for your chance to win up to 500 free minutes. Get your wireless information sheet from the Internet Café.

Manager's Hours: 2pm-5pm & 7pm-10pm
Internet Café, Deck 9, Mid (Accessible 24 hrs.)

Attention All Latitude Members

If you haven't received your invitation to the Champagne Preview or your welcome letter/party invitation for the Latitudes Party, see Romeo your Cruise Consultant.

Time: 2:00pm-3:00pm
Carousel Lounge, Deck 7, Fwd

Barong Spa

We have treatments you would never find on land from teeth whitening to acupuncture, Ionithermie Super Detox Treatment and the LT Facial. Join our Spa Tours from Noon-3pm and automatically enter into the raffle. We are giving away \$1000 in spa treatments so don't miss out.

Time: Noon-11:00pm
Barong Spa & Salon, Deck 11, Aft (Call #11777)

Kids Crew Open House

Stop by, take a tour, and register your kids and teens in the Kids Crew program. This is an excellent way for the youngsters to meet others their own age. Not to mention it gives Mom and Dad a little free time as well.

Time: 1:30pm-3:00pm & 4:00pm-5:00pm
Planet Kids, Deck 13, Aft

Galleria Gift Shop

Join us for our free Liquor Tasting tonight from 6:00pm to 8:00pm, try it before you buy.

Check out our duty and tax free liquor and tobacco specials throughout the cruise.

Time: 5:00pm-10:30pm
Grand Atrium, Deck 7, Mid

Shopping Talk

Join your Shopping Consultant for a fun and informative talk on Acapulco and Zihuatanejo. Information on beaches, taxis and shopping. Fun prizes and giveaways. Watch Channel 5 for current shopping information.

Shopping Talk: Tomorrow at 2:30pm
Stardust Theater, Decks 6 & 7, Fwd

Art Auctions & Seminars

Don't miss our exciting events this cruise. Get involved in our world renowned art auctions and seminars. Learn, view and bid on over 1,000 original works of art by some of the world's most renowned Artists at fantastic prices. Presented by Park West Gallery.

Restaurant Reservations

Reservations are encouraged for our Specialty Restaurants. Cover charges apply for Ginza-\$10, Teppanyaki & Cagney's-\$20, Sushi, Le Bistro & Soho-\$15 per person. Dial #6767 or visit the Restaurant Reservations Desk for more details.

Time: 11:30am-6:00pm
Endless Summer Restaurant, Deck 8, Mid



Freestyle Daily Activities



Add pizzazz to your afternoon...

Gym and Spa Introduction	Fitness Center, Deck 12, Aft	Noon
Shore Excursions Information on the Big Screen	Stardust Theater, Decks 6 & 7, Fwd	Noon-2:30pm
Spa Tours and Treatment Demonstrations (all welcome)	Barong Spa & Salon, Deck 11, Aft	Noon-3:00pm
Live Music: Easy Listening with the Manila Trio	Grand Atrium, Deck 7, Mid	1:00pm-2:30pm
Live Music: Xcite (weather permitting)	Poolside, Deck 12, Mid	1:00pm-3:00pm
Youth/Teen Program Orientation/Registration	Planet Kids, Deck 13, Aft	1:30pm-3:00pm
Guided Ship Tour (Not Galley, Bridge or Engine Room)	Red Lion Pub, Deck 7, Aft	2:00pm
Mandatory Boat Drill	Assigned Muster Station	3:30pm
Australian Airbrushed Tattoos (weather permitting)	Poolside, Deck 12, Mid	3:30pm-5:30pm
Sail Away Party with BBQ	Poolside, Deck 12, Mid	After Boat Drill
Live Music: Xcite – Sail Away Party (weather permitting)	Poolside, Deck 12, Mid	4:00pm-5:00pm
Youth/Teen Program Orientation/Registration	Planet Kids, Deck 12, Aft	4:00pm-5:00pm
Free Rum Punch & Free Gaming Lessons	Star Club Casino, Deck 6, Fwd	4:30pm-5:00pm
CAS New Members Raffle Drawing	Star Club Casino, Deck 6, Fwd	5:00pm
Yogalates Introduction Class (all welcome)	Fitness Center, Deck 12, Aft	5:00pm
Friends of Bill W. Meet	Boardroom, Deck 12, Fwd	5:00pm
DJ Jasper (weather permitting)	Poolside, Deck 12, Mid	5:00pm-6:00pm
Would you like to borrow a book?	Library, Deck 12, Fwd	5:00pm-7:00pm
Singles Dinner Sign-up	Library, Deck 12, Fwd	5:00pm-7:00pm
Spot the Fake Competition	Grand Atrium, Deck 7, Mid	5:00pm-10:30pm
Fresh Snacks Available	Gatsby's Bar, Deck 6, Mid	5:30pm-8:30pm

Everything's hotter when the sun goes down...

Barong Spa Free Prize Raffle (must hand in ticket at gym)	Fitness Center, Deck 12, Aft	6:00pm
Progressive Team Trivia #1	Star Bar, Deck 13, Mid	6:00pm
Free Liquor Tasting	Galleria Gift Shop, Deck 7, Aft	6:00pm-8:00pm
Free Gym Introduction - Get the best out of our great team	Fitness Center, Deck 12, Aft	6:30pm
Live Music: Smooth Sax with Gil Herman	Gatsby's, Deck 6, Mid	6:30pm-7:30pm
Australian Airbrushed Tattoos	Starboard Side, Deck 7, Mid	6:30pm-7:30pm
Live Music: Sean Burns "Pub Entertainment"	Red Lion Pub, Deck 7, Aft	6:30pm-8:30pm
Guided Ship Tour (Not Galley, Bridge or Engine Room)	Red Lion Pub, Deck 7, Aft	7:00pm
Live Music: Easy Listening with the Manila Trio	Grand Atrium, Deck 7, Mid	7:00pm-8:45pm
Karaoke – Drink, sing & be merry	Spinnaker Lounge, Deck 12, Fwd	7:00pm-10:00pm
Live Music: Jana Seale "Acoustic Coffee House"	Gatsby's, Deck 6, Mid	7:45pm-8:30pm
Live Music: Stan Sykes Entertains You	Carousel Lounge, Deck 7, Fwd	8:00pm-8:45pm
Twilight Massage Time - Roll from our bed to yours	Barong Spa, Deck 11, Aft	8:00pm-10:00pm
Friends of Dorothy	Star Bar, Deck 13, Mid	8:30pm
Art Showcase	Reading Room, Deck 12, Fwd	8:30pm-9:30pm
Live Music: Smooth Sax with Gil Herman	Star Bar, Deck 13, Mid	8:45pm-10:30pm
Welcome Aboard Showtime	Stardust Theater, Decks 6 & 7, Fwd	9:00pm
Wii Play by Nintendo	Carousel Lounge, Deck 7, Fwd	9:00pm-9:45pm
Champagne and Chocolate Strawberries	Gatsby's, Deck 6, Mid	9:00pm-11:00pm
Live Music: Stan Sykes Entertains You	Carousel Lounge, Deck 7, Fwd	10:00pm-10:45pm
Live Music: Sean Burns "Pub Entertainment"	Red Lion Pub, Deck 7, Aft	10:00pm-11:00pm
Live Music: Jana Seale "Acoustic Coffee House"	Gatsby's, Deck 6, Mid	10:00pm-11:00pm
Live Music: The Stingrays "Rock & Roll Dance Music"	Spinnaker Lounge, Deck 12, Fwd	10:00pm-1:00am
Viva Mexico Party	Carousel Lounge, Deck 7, Fwd	10:45pm
Paradise Lotto Drawing	Star Club Casino, Deck 6, Fwd	10:45pm
DJ Jasper – Dance, dance, dance	Carousel Lounge, Deck 7, Fwd	10:45pm-Close

Ok, we know this looks like a schedule (gasp!), but remember you're free to whatever!

Bar Services

Java Café Deck 7, Mid	7:00am-Midnight
Topsiders Poolside Deck 12, Mid	7:00am-Close
Bier Garten Deck 14, Fwd	12:00pm-Close
Red Lion Pub Deck 7, Aft	12:00pm-Close
Gatsby's Champagne Bar Deck 6, Mid	12:00pm-Close

Spinnaker Lounge Deck 12, Fwd (over 18 years after 11:00pm)	1:00pm-Close
Pearl Martini Lounge Deck 7, Fwd	4:00pm-Close
Carousel Nightclub Deck 7, Fwd (over 18 years after 11:30pm)	4:00pm-Close
Barong Juice Bar Deck 12, Aft	12:00pm-Close
Star Club Casino Bar Deck 6, Fwd	4:00pm-Close
Star Bar Deck 13, Mid	5:00pm-Close

Guest Services

Reception Desk Deck 7, Mid (#00)	Open 24 Hours
Restaurant Reservations Endless Summer, Deck 8, Mid (#6767)	11:30am-6:00pm
Outdoor Pool/Jacuzzi Deck 12, Mid	11:30am-10:00pm
Waterslides are open Deck 12, Mid	Noon-5:00pm
Medical Center Deck 4, Mid	4:00pm-5:00pm
Library Deck 12, Fwd	5:00pm-7:00pm
Arcade Deck 12, Aft	Open 24 Hours
Cruise Consultant Office, Deck 7, Mid	5:00pm-7:00pm

Freestyle Dining

Blue Lagoon Café – Deck 7, Aft Light bites & burgers (closes from 4am-5am; room service menu available)	Open from 2:00pm
Room Service (#10333)	Open 24 hours
Market Café – Deck 12, Aft	6:00am-9:00am
Versailles – Deck 7, Aft	6:30am-8:30am
The Grill – Deck 12, Mid Laid-back grill (weather permitting)	Noon-Close
Ice Cream – Deck 12, Mid	12:00pm-5:00pm
Market Café – Deck 12, Aft	11:30am-3:00pm
Versailles – Deck 7, Aft Designated dining room	12:30pm-2:00pm
BBQ – Poolside, Deck 12, Mid After boat drill (weather permitting)	3:30pm-Close
Versailles – Deck 7, Aft Designated dining room	5:30pm-10:00pm
Market Café – Deck 12, Aft	4:30pm-9:00pm
Endless Summer – Deck 8, Mid Tequila Bar / Tex Mex – Reservations required	5:30pm-Close
Aqua – Deck 6, Mid Five-courses, more intimate	6:00pm-10:30pm
La Trattoria – Deck 12, Mid Now that's Italian – Reservations required	6:00pm-Close
Cagney's Steakhouse* – Deck 13, Mid Grilled perfection, elegant setting	6:00pm-Close
Le Bistro* – Deck 6, Mid French cuisine that's magnifique	6:00pm-Close
Soho Room* – Deck 6, Mid Artful California/Pacific Rim	6:00pm-Close
Ginza Asian/Sushi* – Deck 7, Mid Fusion of exotic Asian flavors	6:00pm-Close
Teppanyaki Room* – Deck 7, Mid Authentic Japanese dinner experience	5:00pm & 6:30pm 8:00pm & 9:30pm
Casino Snacks – Deck 6, Fwd	11:00pm-1:00am

*These restaurants charge a cover, and for what you get, you'll find it's well worth it. SoHo & Le Bistro \$15.00, Ginza \$10.00, Sushi \$15.00, Teppanyaki & Cagney's \$20.00. Reservations are highly recommended for La Trattoria and Endless Summer. Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5 pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account. For Reservation call 6767 or visit the Restaurant Desk located in the Endless Summer, Deck 8, Midship. Jeans are NOT permitted in the "Designated" venue for dinner. All other dining venues will allow presentable jeans to be worn in the evenings. Shorts, Track Suits, T-Shirts, Cut Offs, Tank Tops and Flip Flops are not permitted in any dining venue for dinner times. Bare Feet and Bathing Suits are NOT permitted in any inside dining venues at any time. There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry, or shellfish that is raw or undercooked. There is also a risk involved when consuming un-pasteurized juices. If you have a chronic illness immune disorder and are unsure of the risks, please consult a physician.

Emergencies: Simply dial #911 from any on-board ship phone.

All about alcohol: If you bought liquor and beverages on shore, we'll hold them for you until the last night of your cruise.

Who can drink: Parental consent is required for 18 years old & above to purchase & consume beer, wine & wine cooler.

Open Flames: Open flames, like burning candles and incense, aren't allowed.

Outgoing Telephone Rates: Ship to shore calls can be made from the phone in your stateroom. To the US & Canada \$5.95 per minute! International calls are billed at the rate of \$6.95 per minute. Toll-free numbers (800) and operator-assisted numbers are charged the same rate as calls to the US & Canada. Credit cards & calling cards are not accepted.

Environmental Hotline: To report any environmental problems, call the Reception Desk at 00 or send a letter to Norwegian Cruise Line & NCL America, 7665 Corporate Center Drive, Miami, Florida 33126 or an email to EnvironmentalHotline@ncl.com. All reports are confidential.

Safety Equipment: Please don't remove or damage any safety equipment on board (such as smoke detectors or fire extinguishers). Please follow safety instructions from the crew members.

Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above could be subject to W2-G tax withholding.

Smoking Areas: Smoking of cigarettes is permitted in all guests respective staterooms (incl. balcony's), Casino – Deck 6, Havana Club – Deck 6 (also for pipe and cigar smokers), Promenade Deck 7 (outer deck), Pool Deck 12 & 13 (portside only – seating area), Sun tanning area – Deck 13, Fwd, Bier Garten – Deck 14, Fwd. Please use the ashtrays to fully extinguish all cigarettes & refrain from throwing cigarettes or objects over the ship's side.