

Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

Norwegian Star

Friday, 4th April, 2008
Location: Zihuatanejo

Today's forecast
Mostly Sunny, 89F/31C

Sunrise 5:37am
Sunset 6:01pm

Arrival 7:00am

Departure 2:00pm

Tip of the day

Your cruise might be half over, so have you tried your luck at Bingo yet? Join us and you'll not only have a great time, you could win a free cruise (and some big bucks, too)!

Tonight's entertainment

Stardust Showtime: Band on the Run

Norwegian Cruise Line is proud to present The Jean Ann Ryan Company in "Band on the Run". We'll take you back to the 70's era where bell bottoms and platform shoes were in fashion. We kindly request that no minors be seated on the first two rows of the theater. This show is PG 13.

Time: 7:30pm & 9:30pm, Stardust Theater, Decks 6 & 7, Fwd

Spinnaker Showtime: China Stars Acrobat Company

The China Stars Acrobat Company will give you a sneak preview of "Cirque Pacific", the evening show in Cabo San Lucas. No photography, audio, and video recording allowed.

Time: 6:45pm & 9:30pm, Spinnaker Lounge, Deck 12, Fwd

What's on tap today

7:00am: Welcome to Zihuatanejo. The Norwegian Star will anchor and use tender boats to transport guests to and from shore. Please wait for the gangways to be set and secure before tender service will begin. Guests on Shore Excursions, please check your tickets for meetings and locations. Every individual, including children, need to carry their Key Card and Photo I.D. when going ashore. Keep in mind that we will monitor the traffic to the gangways so please listen to announcements. The last tender departs Zihuatanejo at 1:30pm. Please keep watches on the ship's time at all times.

Star Seekers Talent Show Sign up: This is your opportunity to be a performing sensation for your fellow guests. See your bandmaster.

Time: 4:30pm
Star Bar, Deck 13, Mid

Photo Gallery: Daily Special – Free set of 10 scenic postcards with the purchase of any 3 photo packages or photos for today.

Time: 5:00pm-10:00pm
Atrium, Deck 7, Mid

Milano Diamond Gallery Bingo: Win a pair of Diamond Studs and Pendant Set by playing bingo. The winner can choose from blue, white, or canary diamonds. Receive up to 20 raffle tickets with your bingo purchase. Jackpot will be over \$1000.

Time: 3:00pm
Spinnaker Lounge, Deck 12, Fwd

Tanzanite Seminar: Join Darell and learn all about the rare and amazing gemstone, Tanzanite. The first 47 people to arrive will receive a free pair Tanzanite stud earrings. Tanzanite is your investment stone of choice.

Time: 2:15pm, Endless Summer, Deck 8, Mid
VIP Desk Hours: 7:00pm-9:00pm
Grand Atrium, Deck 7, Mid

Star Club Casino: Hot Seat Promo at 11:30pm and a chance to win free slot play. Paradise Lotto Jackpot is now over \$163,000; only \$2/ticket. Turn your \$10 into \$20 on slots; get your coupons. Happy Hour is from 6pm-7pm.

Time: 2:30pm(approx.)-Close
Star Club Casino, Deck 6, Fwd

Welcome to Zihuatanejo

Zihuatanejo & Ixtapa, on the "Mexican Riviera" are considered two resorts in one. Located in the northwestern part of the state of Guerrero, 150 miles up the coast from Acapulco via coastal Highway 200.

Ixtapa, a modern, world-class resort was born in early 1972 when Fonatur began designing the master plan. In the case of Ixtapa, the 50% percent land allotments must remain "green". Hotels, commercial & residential structures are limited in size proportionate to their land area. The entire "hotel zone" extends along just a 2-mile strip of wide sandy beach called Playa del Palmar, on the open Pacific.

Zihuatanejo, down the coast from Ixtapa is an old fishing town on a picturesque sheltered bay that is only 1.6 miles wide. Until the advent of Ixtapa, Zihuatanejo was hardly known. With the advent of Ixtapa, Zihuatanejo began to grow & the little dirt streets were paved with decorative brick. Yet, the town retains its original charm, traditions and congeniality.

We respectfully ask, because we care, that all guests use the hand sanitizing stations at all times, especially when coming back from all ports of call and before dining in our restaurants. If you develop any kind of gastrointestinal symptoms then please report them immediately by calling 3333 or 00. No fee will apply for consultation, only for medication.

Don't miss this!

BBQ Sail Away: Grab a special drink from the Bar Team and enjoy the music provided by Xcite. Our special drink of the day: "Flavored Daiquiris" for \$9.00.

Time: Noon-2:00pm, Poolside, Deck 12, Mid

Bar Manager's Specials

Drink of the day: "Pain Killer", \$7.95 (Served in a Souvenir Glass for you to keep)

Fruit Smoothie: "Tropical", \$9.00; without alcohol \$6.00 (Served in a Souvenir Smoothie Cup)

Coffee of the day: "Chocolate Passion" **Vodka of the day:** "Wokka Saki" **Martini of the day:** "Cajun Martini", \$7.25

Sail Away Cocktail Special: "Flavored Daiquiri", \$9.00 **Pool Deck Special:** "Mojito's Friday", taste different flavored Mojitos

Star Bar: Cheese plate available with wine from 5pm-9pm

Spinnaker Lounge: 2 for 1 Margarita Happy Hour from 4:30pm-5:30pm with free nachos

Endless Summer: Guacamole and Tapas can be requested with Tequila cocktails purchased from 5:30pm-Close

Dear Cruise Director,

What is the difference between sushi and sashimi?

Sushi has three components: fish, vegetables, and cooked rice. Nigiri, or hand-made sushi, is the most common & is served in pairs. Maki, or sushi rolls, are made with sheets of seaweed (nori) and served as six slices. Oshi, or pressed sushi, is cut into small squares. And finally, inarizushi is a stuffed bean curd roll.

Sashimi is raw sliced fish served with ginger and Japanese horseradish, wasabi. The most popular kinds of sashimi are:

- **Maguro:** Tuna
- **Toro:** Fatty Tuna
- **Ebi:** Prawn
- **Saba:** Mackerel
- **Ika:** Squid
- **Tako:** Octopus

As an alternative to these, be entertained by the cooking and knife juggling skills of our Teppanyaki chefs. They cut, stir, season, and divide portions in spectacular displays of dexterity.

To taste for yourself, sample our Asian cuisine at Ginza Sushi and Teppanyaki Restaurant on Deck 7.

Shore Excursions

Try the Captain's favorite - ATV Adventure & Village. Get ready to get dirty. Try the Royal Dolphin Swim - the most complete interaction with these beautiful creatures. Puerto Vallarta always has something to offer everybody.

Desk Hours: 5:00pm-7:00pm

Grand Atrium, Deck 7, Mid

Galleria Gift Shop

Today in the Grand Atrium, don't miss our Designer watches - Fossil, Nike, Anne Klein and DKNY prices starting from \$35. Fresh Water Pearl Collection with prices starting from \$49.99, today only.

Time: 3:00pm-11:00pm

Galleria Shops, Deck 7, Aft

Photo Gallery

Are your memory cards getting full? Have them downloaded to CD/DVD in the photo gallery. We offer on board printing service for only 25 cents/print. Professional Portraits will also be taken tonight in the Grand Atrium.

Gallery: 3pm-11pm, Deck 7, Mid

Portraits: 5pm-10pm, Atrium, Deck 7, Mid

Bags

Bypass busy airport check-ins by taking advantage of NCL's exclusive BAGS Program. Have your luggage checked through all the way to your final destination from here, on board the ship. BAGS gives you all this freedom, security and stress relief for just \$16 per person.

Deadline: Puerto Vallarta at 8:00pm

Reception Desk, Deck 7, Mid

Cagney's Steak House

Enjoy a 1930's style American Steak House. Cagney's serves a variety of steaks, including Filet Mignon, T-Bone, New York Cut Sirloin, Porterhouse and Boneless Rib Eye. Cover charge applies, we suggest reservations. Call #6767 for reservations or visit the Restaurant Reservation Desk located in the Endless Summer, Deck 8, Mid from 7:00am-5:00pm.

Star Club Casino

Take advantage of our triple Play Chips promotion. Pay only \$10 and receive \$15 in gaming chips; that's a free \$5 chip to get you started on any of your favorite table games. You can also take up to \$2,000 thru your on board credit account for casino play per gaming day.

Time: 2:30pm (approx.)-Close

Barong Spa & Salon

All natural weight loss and detoxification products are available from the Fitness Instructors. Book a free 15 minute consultation. Try our cellulite and weight loss treatment Ionithermie and lose 1-8 inches in one session.

Time: 8:00am-10:00pm

Barong Spa, Deck 11, Aft (Call 11777)

Secure Your Future Cruise Now

\$250 deposit per cabin, \$100 instant on board credit, that's Freestyle Cruise Rewards. Check it out on channels 9 & 10 on your stateroom TV. See Romeo your Cruise Consultant for more details.

Time: 7:30pm-9:00pm

Cruise Consultant Office, Atrium, Deck 7, Mid

Biggest and Finest Art Auction

Don't miss out largest and finest auction of the cruise with an amazing collection of over 150 works of art. This auction will feature for the first time this cruise, a rare and unique collection of artworks by Picasso, Dali, Chagall and many others. Don't miss it.

Time: 3:00pm

Carousel Lounge, Deck 7, Fwd

Internet Cafe

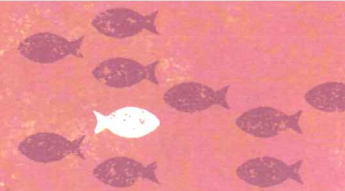
Frequent User Special: Purchase your second Internet Time Plan and receive free minutes. 30 minutes free with Time Plan 1 (250 minutes) and 15 minutes free with Time Plan 2 (100 minutes).

Manager Hours: 9:00am-10:00am, 4:00pm-5:00pm & 7:00pm-10:00pm.

Internet Café, Deck 9, Mid (Open 24 hours)



Freestyle Daily Activities



Stuff for the Morning People...

Wake up Stretch with your Fitness Instructor
Morning Trivia #4
Informal Pictionary Play with fellow guests
Arts & Crafts: Beaded Bandana

Fitness Center, Deck, 12 Aft
Star Bar, Deck 13, Mid
Card Room, Deck 12, Fwd
Carousel Lounge, Deck 7, Fwd

7:30am
10:15am
11:30am
11:30am

Add pizzazz to your afternoon...

Live Music: Xcite (weather permitting)
Informal Bridge Play with fellow guests
Australian Airbrushed Tattoos (weather permitting)
Ladies Spa Night (bookings essential as spaces are limited)
Ms. Biceps Contest
Tanzanite Seminar
Ice Carving Demo
Tequila Seminar and Tasting
Texas Hold'em Tournament
Milano Diamond Gallery Bingo – Win a Free Jewelry Set
Live Longer, Live Stronger Seminar
Stardust Theater Backstage Tour with the Production Cast
Live Music: Xcite (weather permitting)
Live Music: Jazz with Alex Jackson & Company
Learn the Benefits of Acupuncture
Martini Tasting (nominal charge)
Champagne Art Auction (Preview at 3:00pm)
Learn How To Brighten Your Smile Seminar
Dodgeball (16 years & older) – Proper footwear required
Star Seeker Talent Contest Sign up
Friends of Bill W. Meet
Free Gaming Lessons
Sabbath Eve Service
Live Music: Sean Burns "Pub Entertainment"

Poolside, Deck 12, Mid
Card Room, Deck 12, Fwd
Poolside, Deck 12, Mid
Barong Spa, Deck 11, Aft
Poolside, Deck 12, Mid
Endless Summer, Deck 8, Mid
Poolside, Deck 12, Mid
Gatsby's, Deck 6, Mid
Star Club Casino, Deck 6, Fwd
Spinnaker Lounge, Deck 12, Fwd
Fitness Center, Deck 12, Aft
Meet in the Stardust Theater, Decks 6 & 7, Fwd
Poolside, Deck 12, Mid
Grand Atrium, Deck 7, Mid
Barong Spa, Deck 11, Aft
Gatsby's, Deck 6, Fwd
Carousel Lounge, Deck 7, Fwd
Barong Spa, Deck 11, Aft
Sports Deck, Deck 14, Mid
Star Bar, Deck 13, Mid
Boardroom, Deck 12, Fwd
Star Club Casino, Deck 6, Fwd
Chapel, Deck 12, Fwd
Red Lion Pub, Deck 7, Aft

12:30pm-2:15pm
2:00pm-4:00pm
2:00pm-5:30pm
2:00pm-10:00pm
2:15pm
2:15pm
2:30pm
2:45pm
3:00pm
3:00pm
3:00pm
3:00pm
3:00pm
3:00pm-5:00pm
3:15pm-4:00pm
3:30pm
3:30pm
4:00pm
4:00pm
4:30pm
4:30pm
5:00pm
5:00pm
5:30pm
5:45pm-7:30pm

Everything's hotter when the sun goes down...

Live Music: Smooth Sax with Gil Herman "Speak Easy Nightclub"
Live Music: Easy Listening with the Manila Trio
Australian Airbrushed Tattoos
Spinnaker Showtime: The China Stars Acrobats
Dali, Picasso & Chagall Art Exhibition
Live Music: Jana Seale "Acoustic Coffee House"
Stardust Musical Showtime: Band on the Run (PG 13)
Progressive Team Trivia #5
Live Music: Stan Sykes Entertains You
Spinnaker Showtime: Comedy Juggler Bret Wengeler
Live Music: Smooth Sax with Gil Herman "Speak Easy Nightclub"
Flip a Coin for a Drink
Live Music: The Stingrays "Rock & Roll Dance Music"
Live Music: Sean Burns "Pub Entertainment"
Stardust Musical Showtime: Band on the Run (PG 13)
Spinnaker Showtime: The China Stars Acrobats
Live Music: The Stingrays "Rock & Roll Dance Music"
Spinnaker Showtime: Comedy Juggler Bret Wengeler
Paradise Lotto Drawing
70's Disco Party with The Stingrays – Got a 70's Getup?
DJ Jasper – Nightclub
Live Music: The Stingrays "Rock & Roll Dance Music"
All Night Slots

Gatsby's, Deck 6, Mid
Grand Atrium, Deck 7, Mid
Starboard Side, Deck 7, Mid
Spinnaker Lounge, Deck 12, Fwd
Art Gallery, Deck 6, Fwd
Gatsby's, Deck 6, Mid
Stardust Theater, Decks 6 & 7, Fwd
Star Bar, Deck 13, Mid
Carousel Lounge, Deck 7, Fwd
Spinnaker Lounge, Deck 12, Fwd
Star Bar, Deck 13, Mid
Red Lion Pub, Deck 7, Aft
Spinnaker Lounge, Deck 12, Fwd
Red Lion Pub, Deck 7, Aft
Stardust Theater, Decks 6 & 7, Fwd
Spinnaker Lounge, Deck 12, Fwd
Spinnaker Lounge, Deck 12, Fwd
Star Club Casino, Deck 6, Fwd
Spinnaker Lounge, Deck 12, Fwd
Carousel Lounge, Deck 7, Fwd
Spinnaker Lounge, Deck 12, Fwd
Star Club Casino, Deck 6, Fwd

6:00pm-7:00pm
6:00pm-9:45pm
6:30pm-8:00pm
6:45pm
7:00pm
7:15pm-11:00pm
7:30pm
8:00pm
8:00pm-11:15pm
8:30pm
8:45pm-10:30pm
9:00pm
9:00pm-9:30pm
9:00pm-11:00pm
9:30pm
9:30pm
10:00pm-10:30pm
10:30pm
10:45pm
11:00pm-11:45pm
11:15pm-Close
Midnight-1:00am
Continuous-Arrival

Ok, we know this looks like a schedule (gasp!), but remember you're free to whatever!

Bar Services

Java Café Deck 7, Mid	7:00am-Midnight
Barong Juice Bar Deck 12, Aft	8:00am-9:00pm
Topsiders Poolside Deck 12, Mid	8:00am-Close
Red Lion Pub Deck 7, Aft	2:00pm-Close
Bier Garten Deck 14, Fwd	1:00pm-Close
Spinnaker Lounge Deck 12, Fwd (over 18 years after 11:00pm)	2:00pm-Close

Carousel Nightclub Deck 7, Fwd (over 18 years after 11:30pm)	2:00pm-Close
Pearl Martini Lounge Deck 7, Fwd	2:00pm-Close
Casino Bar Deck 6, Fwd	2:00pm-Close
Gatsby's Champagne Bar Deck 6, Mid	5:00pm-Close
Star Bar Deck 13, Mid	5:00pm-Close

Guest Services

Reception Desk Deck 7, Mid (#00)	Open 24 Hours
Restaurant Reservation Desk Endless Summer, Deck 8, Mid (#6767)	7:00am-5:00pm
Medical Center Deck 4, Mid	8:30am-10:00am 4:00pm-6:00pm
On board Credit Desk Deck 7, Mid	8:00am-11:00am 5:00pm-7:00pm
Outdoor Pool/Jacuzzi Deck 12, Mid	8:00am-10:00pm
Waterslides are open Deck 12, Mid	10:00am-5:00pm
Kids Under 2 Play Starboard Room, Deck 12, Fwd (Entrance Spinnaker Lounge)	9:00am-5:00pm
Library is open Deck 12, Fwd	9:00am-11:00am 4:00pm-6:00pm
Arcade Deck 12, Aft	Open 24 Hours
Shopping Consultant Atrium, Deck 7, Mid	6:00pm-8:00pm
Cruise Consultant Cruise Consultant Office, Deck 7, Mid	7:30pm-9:00pm

Emergencies: Simply dial #911 from any on-board ship phone.

All about alcohol: If you bought liquor and other beverages on shore, we'll hold them for you until the last night of your cruise.

Who can drink: Parental consent is required for 18 years old & above to purchase & consume beer, wine & wine cooler.

Open Flames: Open flames, like burning candles and incense, aren't allowed.

Outgoing Telephone Rates: Ship to shore calls can be made from the phone in your stateroom. To the US & Canada \$5.95 per minute! International calls are billed at the rate of \$6.95 per minute. Toll-free numbers (800) and operator-assisted numbers are charged the same rate as calls to the US & Canada. Credit cards & calling cards are not accepted.

Environmental Hotline: To report any environmental problems, call the Reception Desk at 00 or send a letter to Norwegian Cruise Line & NCL America, 7665 Corporate Center Drive, Miami, Florida 33126 or an email to EnvironmentalHotline@ncl.com.

All reports are confidential.

Freestyle Dining

Blue Lagoon Café – Deck 7, Aft Light bites/burgers (closes from 4am-5am; room service menu available)	Open 24 hours
Room Service (#10333) For whenever you're hungry	Open 24 hours
Market Café – Deck 12, Mid	6:00am-11:00am
Versailles – Deck 7, Aft	6:30am-8:30am
Complimentary Ice Cream – Deck 12, Aft	11:00am-5:00pm
Market Café – Deck 12, Mid	11:30am-3:00pm
Versailles – Deck 7, Aft	Noon-2:00pm
The Grill – Deck 12, Mid	Noon-Close
BBQ – Deck 12, Mid	12:30pm-Close (weather permitting)
Afternoon Snacks – Deck 12, Aft	3:00pm-5:00pm
Market Café – Deck 12, Mid	5:00pm-9:00pm
Versailles – Deck 7, Aft Designated dining room	5:30pm-10:00pm
Aqua – Deck 6, Mid Five-courses, more intimate	5:30pm-10:30pm
La Trattoria – Deck 12, Mid Now that's Italian – Reservations required	5:30pm-Close
Endless Summer – Deck 8, Mid Tequila Bar / Tex Mex – Reservations required	5:30pm-Close
Le Bistro* – Deck 6, Mid French cuisine that's magnifique	5:30pm-Close
Soho Room* – Deck 6, Mid Artful California/Pacific Rim	5:30pm-Close
Ginza Asian/Sushi* – Deck 7, Mid Fusion of exotic Asian flavors	5:30pm-Close
Teppanyaki Room* – Deck 7, Mid Authentic Japanese dinner experience	5:00pm & 6:30pm 8:00pm & 9:30pm
Cagney's Steakhouse* – Deck 13, Mid Grilled perfection, elegant setting	5:30pm-Close

*These restaurants charge a cover, and for what you get, you'll find it's well worth it. SoHo & Le Bistro \$15.00, Ginza \$10.00, Sushi \$15.00, Teppanyaki & Cagney's \$20.00. Reservations are highly recommended for La Trattoria and Endless Summer Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5 pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account. For Reservation call 6767 or visit the Restaurant Desk located in the Endless Summer, Deck 8, Midship. Jeans are NOT permitted in the "Designated" venue for dinner. All other dining venues will allow presentable jeans to be worn in the evenings. Shorts, Track Suits, T-Shirts, Cut Offs, Tank Tops and Flip Flops are not permitted in any dining venue for dinner times. Bare Feet and Bathing Suits are NOT permitted in any inside dining venues at any time. There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry, or shellfish that is raw or undercooked. There is also a risk involved when consuming un-pasteurized juices. If you have a chronic illness immune disorder and are unsure of the risks, please consult a physician.

Safety Equipment: Please don't remove or damage with any safety equipment on board (such as smoke detectors or fire extinguishers). Please follow safety instructions from the crew members.

Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above are subject to W2-G tax withholding.

Smoking Areas: Smoking of cigarettes is permitted in all guests respective staterooms (incl. balcony's), Casino – Deck 6, Havana Club – Deck 6 (also for pipe and cigar smokers), Promenade Deck 7 (outer deck), Pool Deck 12 & 13 (portside only – seating area), Sun tanning area – Deck 13, Fwd, Bier Garten – Deck 14, Fwd. Please use the ashtrays to fully extinguish all cigarettes & refrain from throwing cigarettes or objects over the ship's side.