

Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING®

Norwegian Star

Tuesday, 1st April, 2008
Location: At Sea

Today's forecast
Mostly Sunny, 65F/18C

Sunrise
6:36am

Sunset
6:50pm

Tip of the day

Tonight is our Dress up (or not) night. Feel like dressing up?
Great! Don't feel like dressing up? That's great too!

Tonight's entertainment

Stardust Showtime: Music of the Night

Norwegian Cruise Line is proud to present, Lord Andrew Lloyd Webber's "Music of the Night" with The Jean Ann Ryan Company. Lord Andrew Lloyd Webber's finest songs will enchant and entertain you. Photography, audio, and video recording is prohibited. We kindly request that no minors be seated on the first two rows of the theater.

Time: 7:30pm & 9:30pm, Stardust Theater, Decks 6 & 7, Fwd

Spinnaker Comedy Showtime: Bret Wengeler

Norwegian Cruise Line is proud to present Comedy Juggler Bret Wengeler. No flash photography, audio or video recording is allowed.

Time: 8:45pm & 10:30pm, Spinnaker Lounge, Deck 12, Fwd

What's on tap today

Shore Excursion Information: Looking for adventures? Acapulco and Puerto Vallarta are the best adventure ports. Cabo San Lucas is great for whale watching and amazing scenery.
Desk Hours: 9am-8pm, Atrium, Deck 7, Mid
Tour Talk: 10:00am
Stardust Theater, Decks 6 & 7, Fwd

Colombian Emeralds International Bingo:
Mom and dad pay to play, kids play for free. You can not only win a lot of cash, you can also win a Colombian Emeralds International Ring worth \$500. Everyone that plays enters into the draw. Also, win a Cruise for Two or \$2000 instantly.
Time: 11:15am
Spinnaker Lounge, Deck 12, Fwd

Dress up & Casual Portraits: Professional portraits studios will be setup tonight. Also, meet Captain Lars Bergstrom, the Master of the vessel, and have your photo taken with him by your on board Photographer in the Atrium.
Portraits: 5:00pm-10:00pm
Photos with the Captain: 7:00pm-8:00pm

Star Club Casino: Latitude Members, present your latitudes card to the Casino Services Desk and receive \$40 worth of casino promotions. It's Ladies Night tonight. Free slot play giveaways at 11:30pm for a lucky lady. \$10 free slot play for ladies earning 5 points between 5pm & Midnight. Lotto drawing at 1:30pm & 10:45pm, \$2/panel; jackpot is over \$163,000.
Time: 9:00am-Close, Casino, Deck 6, Fwd

Shopping Talk: Join Darell to learn about the fantastic Tax & Duty free shopping in Acapulco and Zihuatanejo. Fun prizes and giveaways.
Time: 2:30pm, Stardust Theater, Decks 6 & 7, Fwd
VIP Desk Hours: 6:00pm-8:00pm
Grand Atrium, Deck 7, Mid

Upgrade Jackpot Bingo on the H2O: Do you want to have 48 or 120 cards to play without the hassle of playing each card? Get our 'full meal deal' and receive double the cards in the power handset, 25 chances to win \$2000 and 20 chances to win a Cruise for Two.
Time: 4:15pm, Spinnaker Lounge, Deck 12, Fwd

What is Freestyle Cruising?

Freestyle Cruising is NCL's way of giving you freedom on your vacation. We've lightened schedules and lessened restrictions so you can do your own thing where, when and with who you want.

With Freestyle Cruising, you can even eat at a different restaurant every night, with who you want, at the time you choose. And you'll find entertainment options, too.

With all of these choices, one question is always asked: Who do I tip? On a traditional cruise, you have one waiter, one busboy and one Maitre'D. On an NCL cruise, you've got many different Service Staff Members catering to your every need. A \$10 per guest, per day gratuity is added to your on board account and this amount goes to the entire food service team, as well as your Room Steward/ess, here on the Star.

We respectfully ask, because we care, that all guests use the hand sanitizing stations at all times, especially when coming back from all ports of call and before dining in our restaurants. If you develop any kind of gastrointestinal symptoms then please report them immediately by calling 3333 or 00. No fee will apply for consultation, only for medication.

Don't miss this!

Solid Gold Party: Relive the hits of the past from the 60's, 70's, 80's, 90's and the Millennium. Put on your dancing shoes. Music provided by The Stingrays.
Time: 11:15pm, Spinnaker Lounge, Deck 12, Fwd

Bar Manager's Specials

Drink of the day: "Rebellious Fish", \$7.95 (Served in a Souvenir Glass)

Fruit Smoothie: "Mango", \$9.00; without alcohol \$6.00 (Served in a Souvenir Smoothie Cup)

Coffee of the day: "Irish Coffee" **Today's Shooter:** "Mud Slide", \$3.50

Martini of the day: "Coco Cabanatini", \$9.75 **Vodka of the day:** "Symphony"

Star Bar: Cheese plate available with wine from 5:00pm-9:00pm **Red Lion:** Beer/Pretzels tasting at 2:30pm (nominal charge)

Havana Club: "Cigar & Cognac Momentum", buy Cigar & sample 3 Cognacs for \$15 only (8:00pm-Close)

Dear Cruise Director,

Dress up or not night is tonight and we want to look our best for our portrait. Do you have any suggestions?

Capturing tonight's magic is important so I asked a professional in our photo gallery on Deck 7. Here are his suggestions for you.

1. Show us your good side. For the most slimming pose, position your body at a 45 degree angle to the camera.
2. Put your best foot forward. Now, put your outside foot slightly forward with toes pointing toward the camera.
3. A little goes a long way. Limit makeup; it reflects light and can make you look pale.
4. Don't be shy. Stand close to your partner.
5. Sit up straight. Good posture makes a world of difference in a photo.
6. Look this way. Turn your head toward the camera & listen to the photographer. They will make sure you look your best.

Shore Excursions

Join Grant from your friendly Shore Excursions team as he presents exciting tours for the upcoming ports of Acapulco, Zihuatanejo, Puerto Vallarta and Cabo San Lucas. He will also be giving away two free tickets for a tour in Acapulco.

Tour Talk: 10am, Stardust Theater, Deck 6, Fwd

Desk Hours: 9am-8pm, Deck 7, Mid

'Bloody Mary Breakfast Club'

Enjoy Bloody Marys, Mimosas & Screw Drivers at a special price of \$4.25 every day at all open bars until 11am. This cruise, we will be offering daily specials, wine, martini and margarita tastings and other great educational beverages experiences. Look out for the times and venues in your Freestyle Daily.

Champagne Preview

Would you like a \$100 dollar instant on board credit to spend right now? If you said yes, join Romeo your Cruise Consultant and enjoy a free glass of champagne as he previews Freestyle Cruise Rewards. See you there.

Time: 11:30am

Endless Summer, Deck 8, Mid

Photo Gallery

Are you part of a large group? Pass by the Photo Gallery and organize a group photo during your cruise. Professional portraits will also be taken tonight in the Atrium.

Gallery: 9:00am-3:00pm, Deck 7, Fwd

Portraits: 5:00pm-10:00pm

Grand Atrium, Deck 7, Mid

Barong Spa & Salon

We have complimentary seminars that await you today: Pain Relief with Acupuncture at 11am, Acupuncture: A Life Changing Intro at 3:30pm & Reflexology: "The Truth is in the Sole" at 4pm in the Barong Spa. Attend our Burn Fat Faster Seminar at 2pm in the Fitness Center.

Time: 8:00am-8:00pm,

Barong Spa, Deck 11, Aft (Call 11777)

Star Club Casino

First qualifying session of Slots Tournament at 1pm & Blackjack Tournament at 2:30pm; \$15 to enter. Win up to \$500 in the finals. Sign-up for our Texas Hold'em Tournament at 10am. Take up to \$2,000/day for casino play. \$1 BJ table for all beginners from 11:30am-1:30pm. 2 for 1 drink specials & free slot play from 6pm-7pm. **Time:** 9am-Close, Casino, Deck 6, Fwd

Colombian Emeralds

Champagne Grand Unveiling - Join us at 11:30am to celebrate the unveiling of our Emerald and Alexandrite collection. Come to Endless Summer at 11:00am and learn more about Emeralds & Alexandrite. Free gem specimen for all who attend.

Time: 9:00am-10:30pm, Galleria, Deck 7, Aft

Internet Cafe

Receive free additional Internet time with your Shore Excursion ticket. 10 free minutes with the purchase of a 100-minute plan or 20 minutes free with the purchase of a 250-minute plan.

Manager's Hours: 9:00am-Noon, 2:00pm-5:00pm & 7:00pm-10:00pm

Internet Café, Deck 9, Mid

Art Lectures – Short & Entertaining

Attend two informative seminars today. At 10:45am, learn the History of Art & Secrets for Beginner Art Collectors. At 4:45pm, it's Modern Art Masters, the most comprehensive art seminar ever. Receive a free work of art.

Time: 10:45am & 4:45pm

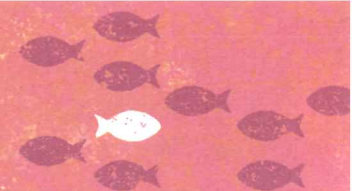
Carousel Lounge, Deck 7, Fwd

Soho Experience

Discover a well kept secret. Share an unforgettable dining experience in a Pacific Rim Californian style Restaurant. Cover charge applies. We suggest reservations. Call #6767 or visit our friendly staff for more details at the Reservation Desk in Endless Summer, Deck 8, Mid from 7:00am to 5:00pm.



Freestyle Daily Activities



Stuff for the Morning People...

Spin to Win Free Slot Pull (CAS members only)
 Morning Trivia #1
 Learn Line Dancing with AJ
 Texas Hold'em Tournament
 Shore Excursions Talk
 Detox for Health & Weight Loss
 Australian Airbrushed Tattoos
 Passenger Makeup Drill
 Art Seminar: History of Art & Secrets for Beginner Art Collectors
 Emerald & Alexandrite Seminar
 Smoothie Tasting
 Sushi Demonstration
 Free Gaming Lessons
 Colombian Emeralds Giant Jackpot Bingo – Win a \$500 Ring
 Champagne Grand Unveiling: Emeralds & Alexandrite

Star Club Casino, Deck 6, Fwd	9:00am-11:00am
Star Bar, Deck 13, Mid	9:15am
Spinnaker Lounge, Deck 12, Fwd	10:00am
Star Club Casino, Deck 6, Fwd	10:00am
Stardust Theater, Decks 6 & 7, Fwd	10:00am
Fitness Center, Deck 11, Aft	10:00am
Starboard Side, Deck 7, Mid	10:00am-Noon
Spinnaker Lounge, Deck 12, Fwd	10:30am
Carousel Lounge, Deck 7, Fwd	10:45am
Endless Summer, Deck 8, Mid	11:00am
Topsiders Bar, Deck 12, Mid	11:00am
Ginza Restaurant, Deck 7, Mid	11:00am
Star Club Casino, Deck 6, Fwd	11:00am-11:30am
Spinnaker Lounge, Deck 12, Fwd	11:15am
Colombian Emeralds, Deck 7, Aft	11:30am

Add pizzazz to your afternoon...

Informal Checkers Play with fellow guests
 New World Wine Tasting (nominal charge; minimum of 10 persons)
 Live Music: Xcite (weather permitting)
 Destination Lecture: "Con Games and How They Get Your Money"
 Shuffleboard Tournament
 Latitudes Party (by Invitation)
 Australian Airbrushed Tattoos (weather permitting)
 Lunchtime Sports Trivia
 Casinos At Sea Slot Tournament
 Arts & Crafts: "Paint a Picture of a Hibiscus"
 Masons Meet
 Fragrance Seminar
 Informal Bridge Play with fellow guests
 Dodgeball Open Play
 Shopping Talk
 Mr. Hairy Chest Competition
 Live Music: Easy Listening with the Manila Trio
 Casinos At Sea Blackjack Tournament
 Martini Tasting (nominal charge; minimum of 10 persons)
 Live Music: Xcite (weather permitting)
 Basketball Free Throw
 Tequila Tasting (nominal charge; minimum of 10 persons)
 Upgrade Jackpot Bingo on the H₂O
 Art Seminar: Modern Masters
 Friends of Bill W. Meet

Card Room, Deck 12, Fwd	12:30pm
Le Bistro, Deck 6, Mid	12:30pm
Poolside, Deck 12, Mid	12:30pm-2:30pm
Cinema, Deck 12, Fwd	1:00pm
Deck 7, Starboard Side, Mid	1:00pm
Spinnaker Lounge, Deck 12, Fwd	1:00pm
Poolside, Deck 12, Mid	1:00pm-5:30pm
Star Bar, Deck 13, Mid	1:30pm
Star Club Casino, Deck 6, Fwd	1:30pm-2:30pm
Star Bar, Deck 13, Mid	2:00pm
Board Room, Deck 12, Fwd	2:00pm
Gatsby's, Deck 6, Mid	2:00pm
Card Room, Deck 12, Fwd	2:00pm-4:00pm
Sports Deck, Deck 14, Mid	2:15pm
Stardust Theater, Decks 6 & 7, Fwd	2:30pm
Poolside, Deck 12, Mid	2:30pm
Grand Atrium, Deck 7, Mid	2:30pm-3:30pm
Star Club Casino, Deck 6, Fwd	2:30pm-4:30pm
Gatsby's Bar, Deck 6, Mid	3:00pm
Poolside, Deck 12, Mid	3:00pm-5:00pm
Basketball Court, Deck 14, Mid	3:15pm
Star Bar, Deck 13, Mid	3:45pm
Spinnaker Lounge, Deck 12, Fwd	4:15pm
Carousel Lounge, Deck 7, Fwd	4:45pm
Boardroom, Deck 12, Fwd	5:00pm

Everything's hotter when the sun goes down...

Live Music: Smooth Sax with Gil Herman "Speak Easy Nightclub"
 Live Music: Sean Burns "Pub Entertainment"
 Karaoke: Drink, sing and be merry
 Live Music: Jazz with Alex Jackson & Company
 Friends of Dorothy
 Israel's Most Famous Painters Art Exhibition
 Pictures with your Captain Lars Bergstrom
 Live Music: Jana Seale "Acoustic Coffee House"
 Stardust Showtime: "Music of the Night"
 Live Music: The Stingrays "Rock & Roll Dance Music"
 "Cigar & Cognac Momentum" – sample 3 Cognacs for \$15 only
 Progressive Team Trivia #2
 Live Music: Easy Listening with the Manila Trio
 Live Music: Stan Sykes Entertains You
 Spinnaker Comedy Showtime: Bret Wengeler
 Live Music: Smooth Sax with Gil Herman "Speak Easy Nightclub"
 Live Music: Sean Burns "Pub Entertainment"
 Live Music: The Stingrays "Rock & Roll Dance Music"
 Solid Gold Party with The Stingrays
 DJ Jasper – Dance, dance, dance
 Live Music: The Stingrays "Rock & Roll Dance Music"

Gatsby's, Deck 6, Mid	6:00pm-6:45pm
Red Lion Pub, Deck 7, Aft	6:00pm-7:00pm
Spinnaker Lounge, Deck 12, Fwd	6:00pm-7:30pm
Grand Atrium, Deck 7, Mid	6:00pm-8:00pm
Star Bar, Deck 13, Mid	7:00pm
Art Gallery, Deck 6, Fwd	7:00pm
Grand Atrium, Deck 7, Mid	7:00pm-8:00pm
Gatsby's, Deck 6, Mid	7:00pm-10:00pm
Stardust Theater, Decks 6 & 7, Fwd	7:30pm & 9:30pm
Spinnaker Lounge, Deck 12, Fwd	7:45pm-8:30pm
Gatsby's, Deck 6, Mid	8:00pm
Star Bar, Deck 13, Mid	8:00pm
Grand Atrium, Deck 7, Mid	8:15pm-11:00pm
Carousel Lounge, Deck 7, Fwd	8:30pm-11:15pm
Spinnaker Lounge, Deck 12, Fwd	8:45pm & 10:30pm
Star Bar, Deck 13, Mid	8:45pm-10:30pm
Red Lion Pub, Deck 7, Aft	9:00pm-11:00pm
Spinnaker Lounge, Deck 12, Fwd	9:30pm-10:15pm
Spinnaker Lounge, Deck 12, Fwd	11:15pm-12:00am
Carousel Lounge, Deck 7, Fwd	11:15pm-Close
Spinnaker Lounge, Deck 12, Fwd	12:15am-1:00am

Ok, we know this looks like a schedule (gasp!), but remember you're free to whatever!

Bar Services

Java Café Deck 7, Mid	7:30am-Midnight
Barong Juice Bar Deck 12, Aft	8:00am-9:00pm
Topsiders Poolside Deck 12, Mid	8:00am-Close
Casino Bar Deck 6, Fwd	9:00am-Close
Red Lion Pub Deck 7, Aft	9:00am-Close
Bier Garten Deck 14, Fwd	10:00am-Close
Carousel Nightclub Deck 7, Fwd (over 18 years after 11:30pm)	10:00am-Close
Pearl Martini Lounge Deck 7, Fwd	10:00am-Close
Spinnaker Lounge Deck 12, Fwd (over 18 years after 11:00pm)	10:00am-Close
Gatsby's Champagne Bar Deck 6, Mid	4:00pm-Close
Star Bar Deck 13, Mid	5:00pm-Close

Guest Services

Reception Desk Deck 7, Mid (#00)	Open 24 Hours
Restaurant Reservation Desk Endless Summer, Deck 8, Mid (#6767)	7:00am-5:00pm
Medical Center Deck 4, Mid	8:30am-10:00am 4:00pm-6:00pm
On board Credit Desk Deck 7, Mid	9:00am-12:00pm 4:00pm-8:00pm
Outdoor Pool/Jacuzzi Deck 12, Mid	8:00am-10:00pm
Waterslides are open Deck 12, Mid	10:00am-5:00pm
Kids Under 2 Play Starboard Room, Deck 12, Fwd (Entrance Spinnaker Lounge)	9:00am-5:00pm
Library is open Deck 12, Fwd	9:00am-Noon 2:00pm-6:00pm
Arcade Deck 12, Aft	Open 24 Hours
Cruise Consultant Red Lion Pub, Deck 7, Fwd	9:00am-11:00am 4:00pm-6:00pm
Shopping Consultant Grand Atrium, Deck 7, Mid	6:00pm-8:00pm

Freestyle Dining

Blue Lagoon Café – Deck 7, Aft Light bites/burgers (closes from 4am-5am; room service menu available)	Open 24 hours
Room Service (#10333) For whenever you're hungry	Open 24 hours
Market Café – Deck 12, Aft	6:30am-11:00am
Versailles – Deck 7, Aft	7:30am-9:00am
The Grill – Deck 12, Mid	11:00am-Close
Complimentary Ice Cream – Deck 12, Aft	11:00am-5:00pm
Market Café – Deck 12, Aft	11:45am-3:00pm
Versailles – Deck 7, Aft	Noon-2:00pm
Ginza/Sushi* – Deck 7, Mid	Noon-1:30pm
Afternoon Snacks – Deck 12, Aft	3:00pm-5:00pm
Market Café – Deck 12, Aft Various (and delicious) food stations	5:00pm-9:00pm
Versailles – Deck 7, Aft Designated dining room	5:30pm-10:00pm
Aqua – Deck 6, Mid Five-courses, more intimate	5:30pm-10:30pm
La Trattoria – Deck 12, Mid Now that's Italian – Reservations required	5:30pm-Close
Endless Summer – Deck 8, Mid Tequila Bar / Tex Mex – Reservations required	5:30pm-Close
Soho Room* – Deck 6, Mid Artful California/Pacific Rim	5:30pm-Close
Ginza Asian/Sushi* – Deck 7, Mid Fusion of exotic Asian flavors	5:30pm-Close
Teppanyaki Room* – Deck 7, Mid Authentic Japanese dinner experience	Noon, 5pm, 6:30pm 8:00pm & 9:30pm
Cagney's Steakhouse* – Deck 13, Mid Grilled perfection, elegant setting	5:30pm-Close
Le Bistro* – Deck 6, Mid French cuisine that's magnifique	5:30pm-Close
Casino Snacks – Deck 6, Fwd	11:00pm-1:00am

*These restaurants charge a cover, and for what you get, you'll find it's well worth it. SoHo & Le Bistro \$15.00, Ginza \$10.00, Sushi \$15.00, Teppanyaki & Cagney's \$20.00. Reservations are highly recommended for La Trattoria and Endless Summer. Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5 pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account. For Reservation call 6767 or visit the Restaurant Desk located in the Endless Summer, Deck 8, Midship. Jeans are NOT permitted in the "Designated" venue for dinner. All other dining venues will allow presentable jeans to be worn in the evenings. Shorts, Track Suits, T-Shirts, Cut Offs, Tank Tops and Flip Flops are not permitted in any dining venue for dinner times. Bare Feet and Bathing Suits are NOT permitted in any inside dining venues at any time. There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry, or shellfish that is raw or undercooked. There is also a risk involved when consuming un-pasteurized juices. If you have a chronic illness immune disorder and are unsure of the risks, please consult a physician.

Emergencies: Simply dial #911 from any on-board ship phone.

All about alcohol: If you bought liquor and beverages on shore, we'll hold them for you until the last night of your cruise.

Who can drink: Parental consent is required for 18 years old & above to purchase & consume beer, wine & wine cooler.

Open Flames: Open flames, like burning candles and incense, aren't allowed.

Outgoing Telephone Rates: Ship to shore calls can be made from the phone in your stateroom. To the US & Canada \$5.95 per minute! International calls are billed at the rate of \$6.95 per minute. Toll-free numbers (800) and operator-assisted numbers are charged the same rate as calls to the US & Canada. Credit cards & calling cards are not accepted.

Environmental Hotline: To report any environmental problems, call the Reception Desk at 00 or send a letter to Norwegian Cruise Line & NCL America, 7665 Corporate Center Drive, Miami, Florida 33126 or an email to EnvironmentalHotline@ncl.com.

All reports are confidential.

Safety Equipment: Please don't remove or damage with any safety equipment on board (such as smoke detectors or fire extinguishers). Please follow safety instructions from the crew members.

Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above could be subject to W2-G tax withholding.

Smoking Areas: Smoking of cigarettes is permitted in all guests respective staterooms (incl. balcony's), Casino – Deck 6, Havana Club – Deck 6 (also for pipe and cigar smokers), Promenade Deck 7 (outer deck), Pool Deck 12 & 13 (portside only – seating area), Sun tanning area – Deck 13, Fwd, Bier Garten – Deck 14, Fwd. Please use the ashtrays to fully extinguish all cigarettes & refrain from throwing cigarettes or objects over the ship's side.