

BREAKFAST		
6:00am	Continental	<i>Cezanne, 9 Aft</i>
7:00am – 9:00am	Open Seating	<i>Renoir, 3 Fwd</i>
7:00am – 10:30am	Breakfast Buffet	<i>Cezanne, 9 Aft</i>
7:00am – 10:30am	Blue Iguana Cantina	<i>Lido, 9 Mid</i>
10:30am – 12:00pm	Late Risers	<i>Cezanne, 9 Aft</i>

11:00am – 11:00pm	The Carnival Deli	Cezanne, 9 Aft
12:00pm – 3:30pm	Lido Buffet	Cezanne, 9 Aft
12:00pm – 3:30pm	Comfort Food	Cezanne, 9 Aft
12:00pm – 3:30pm	Fish & Chips	Fish & Chips, 10 Aft
12:00pm – 2:30pm	Blue Iguana Cantina	Lido, 9 Mid
12:00pm – 6:00pm	Guy's Burger Joint	Lido, 9 Mid

5:30pm - 9:30pm "The Point" Steakhouse + Deck 10, Midway
6:00pm - 9:30pm Good Eats Cezanne, 9 Aft
5:45pm - 9:30pm Your Time Dining™ Renoir, 3 Fwd
Early Assigned Dining
6:00pm Monet, 3 & 4 Aft / Renoir, 4 Fwd

8:15pm *Monet, 3 & 4 Aft / Renoir, 4 Fwd*

Tonight's restaurants attire is **Cruise Casual**.
Please Note: Gym or basketball shorts, flip-flops, baseball hats, bathing suit attire, cut-off jeans and men's sleeveless shirts are not allowed in the restaurants.

11:00am – 11:00pm	The Carnival Deli	Cezanne, 9 Aft
11:30pm – 1:00am	Late Night Snacks	Cezanne, 9 Aft
Open 24 Hours	Ice Cream & Yogurt	Swirls, 9 Aft
Open 24 Hours	Pizza Pirate	Sky Bar, 9 Aft
Open 24 Hours	Room Service	Dial 8000

Ahoy there Matey! Careful, these pizzas are made fresh for you and hot, hot, hot...

Open 24 Hours *Sky Bar, 9 Aft*

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

Get a \$1 off on the purchase of our famous "BEACHCOMBER"
Lido Bars, 9 Fwd

“MOCHA CHOCOLATE GETAWAY”
Ask for it oversized in our yards while drinking it in the lido deck.

Write your own prescription pad for a perfect martini for \$1 off.

Red's Rum vs. Blue's Tequila Challenge Drink of the Week: RICKY "TEAM DIZZY"

Tonight at the Red Frog's Caribbean Beach Party ask you bar staff for the BEACHCOMBER in the monkey head.
RedFrog's Rum Bar & Bluelguana's Tequila Bar, 9 Fwd

Latte, Cappuccino or Espresso? Treat yourself to a thick milkshake, made-to-order or indulge with a fresh pastry.
7:00am - 10:00am & 3:00pm - 12:00am *Fans Café, 5 Midland*
Or visit the Lido Café 6:30am - 4:00pm *Fans Café, 9 Afton*

United States Department of Public Health has determined that eating uncooked or partially cooked poultry, meat, eggs or seafood may present a health risk to the consumer, particularly those who may be more vulnerable.

MEDICAL CENTER *Deck, 0 Forward*
Phone: 4444 **Emergencies: 911**

Good Morning America	6:00am
TV Sitcom: MASH	10:00am
TV Sitcom: MASH	10:30am
TV Sitcom: I Love Lucy	11:00am
TV Sitcom: I Love Lucy	11:30am
Music Concert: Kenny Chesney	12:00pm
Live Afternoon Show with Gary	4:30pm
Movie: National Treasure	6:00pm
RedFrog's Caribbean Beach Party	9:00pm

Cruise Director Information	Channel 17
Fun Ship Films	Channel 19
The Odd Life Of Timothy	Channel 33

2013 US Open	11:00am
Tiger Woods PGA Video Game Challenge(18+)	2:00pm
EA Sports Trivia Challenge	5:00pm
Tigers v Red Sox	6:00pm
Angels v Rays	9:00pm
EA Sports Bar	EA Sports Bar, 5 Fwd

Shore Excursions	7:30am - 9:00am	Deck 3, Fwd
Fwd Pool	8:00am - 8:00pm	Deck 10, Fwd
Fwd Whirlpool	8:00am - 8:00pm	Deck 10, Fwd
Main Pool/Whirlpool	8:00am - 10:00pm	Deck 9, Mid
Spa Carnival®	8:00am - 10:00pm	Deck 11, Fwd
Aft Pool (Adults Only)	8:00am - 12:00am	Deck 9, Aft
Aft Whirlpool (Adults Only)	8:00am - 12:00am	Deck 9, Aft
Twister Waterslide SM	10:00am - 5:00pm	Deck 12, Fwd
Cherry on Top™	4:30pm - 10:30pm	Deck 5, Fwd
Shore Excursions	5:00pm - 7:00pm	Deck, 3 Fwd
Pixel's Gallery	5:00pm - 11:00pm	Deck 4, Fwd
The Fun Shops	5:30pm - 11:30pm	Deck 5, Fwd
Casino Tables	5:30pm until late	Deck 5, Mid
Casino Slots	5:30pm 4:00am	Deck 5, Mid
Loyalty Cruise Desk	6:00pm - 8:30pm	Deck 5, Mid
Art Gallery	6:00pm - 10:00pm	Deck 3, Fwd
Fun Shopping Desk	7:00pm - 8:30pm	Deck 5, Fwd
Internet Cafe	Open 24 Hours	Deck 4, Mid
Blackjack Pro	5:30pm - 4:00am	Deck 5, Mid
Poker Pro	5:30pm - 4:00am	Deck 5, Mid
Arcade	Open 24 Hours	Deck 5, Mid

HELP US GREENIFY: M/S Carnival Conquest® is certified by ISO14001 for the Environmental Management System. Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: www.carnivalcompliance.com.
 Carnival's goal is to be the industry leader in environmental excellence. All garbage must be disposed of in the appropriate bins provided onboard. Violations of this requirement may result in penalties.

Blue Beach Towels, Basketballs and Volleyballs are available from the Towel Hut located on Deck 9, Mid from 9:00am - 8:00pm. Your Sail & Sign Card® number will be taken as a deposit.

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign® card account will be billed. If you'd like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time than ship's time. Please always stay on ship's time.

Just \$ 1.99 per minute (Domestic and International calls) when using your stateroom phone! Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls.

We are wireless – connect to Carnival WiFi with your own laptop or use one of our computers in the Internet Café. You can purchase and use your minutes anytime, from anywhere. To Log Out type logout.com in the address bar.

Feel Free to visit us throughout your cruise for general information, questions, change or to report lost & found items. Open 24 hours a day located Deck 3 fwd.

The goal of all the Officers, Staff and Crew on board the Carnival Conquest® is to provide you with a memorable and fun-filled vacation. If for any reason we have not met your expectations, please contact a Guest Services Associate at extension 7777. We welcome your feedback and will work to resolve any issue immediately.

Can you say “cha-ching”? Sign up for your Carnival MasterCard® with FunPoints® today and get 5,000 FunPoints and three free gifts for applying. And, all onboard purchases on this cruise will earn you double FunPoints that you're eligible to redeem for cruise discounts, onboard gifts or onboard credits. Better hotfoot it to your Loyalty & Cruise Expert right now.

You may also manage your Sail & Sign Account by using our Sail & Sign Kiosks Located on Deck 3 Fwd by the Guest Services Desk or on Deck 5 Fwd Outside the Fun Shops.

Sunrise: 5:58am • **Sunset:** 6:31pm

FREEPORT, BAHAMAS

CAPTAIN: Antonino Sammartano **CHIEF ENGINEER:** Alessandro Mattera

HOTEL DIRECTOR: Dave Drier **CRUISE DIRECTOR:** Gary Brierley

Safety Message: Renting mopeds or scooters ashore can be dangerous

Please make sure that you have your Sail & Sign Card® & Photo ID with you at all time. The Gangway is located on Deck 0, Fwd.
In case of emergency ashore contact: Inchcape Shipping Cell # 242 727 4533

IMPORTANT: Arrival: 8:00am Back on Board: 4:30pm Carnival Conquest® Sets Sail at 5:00pm

Please remember that when visiting any destination on vacation, it is important to stay in main tourist areas, not carry large amounts of cash or jewelry, and generally be aware of your surroundings

ALL IN A DAY'S PLAY

TODAY'S TOP TEN

- 1. SEE THE SIGHTS**
We work with professional independent Tour Operators dedicated to showing you the most popular sites around. Book your tours at the Shore Excursion or Guest Services Desk, but get 'em while they're hot.

7:30am - 9:00am Lobby, 3 Fwd
5:00pm - 7:00pm Lobby, 3 Fwd
- 2. GOLD DAY**
There's no such thing as having too much gold. So pick up an inch of a gold-18 Karat layered & bonded chain starting at one low price per inch.

5:30pm The Fun Shops, 5 Fwd
- 3. DIGITAL CAMERAS**
Click to your heart's content and capture all your vacation memories! Visit Pixels Gallery to check out our awesome selection of digital cameras.

5:00pm - 11:00pm Pixel's Gallery, 4 Fwd
- 4. SHOWCASE OF THE STARS - SIGNUPS**
If you've got talent, we've got the stage. Head over to the Showcase of Stars rehearsal to sign up and show the entire ship that you've got some real skills. (Must be over 18 to perform. 5 acts maximum so get there early!)

4:30pm Meet in the Lobby, 3 Fwd
- 5. BALLOON BINGO +**
The game doesn't end when you yell "Bingo!" You still have to choose which balloon you want as your prize. Pop the balloon and you'll find anything from \$100 to \$700. It's a bingo bonanza! +

8:30pm Toulouse Lautrec, 3 Fwd
- 6. GET THE LIFT YOU'VE BEEN LOOKING FOR**
Enhance your appearance with Restylane, the world's #1 dermal filler. Instantly add volume to your smile lines or even add volume to lips. Call 1199 for your free consultation with Dr. Irena. Return home looking visibly younger.

8:00pm - 10:00pm Spa Carnival, 11 Fwd
- 7. MINI GOLF. BIG FUN.**
Goofy pants, crazy hats and a whole lotta puttin'. Come on over to the Mini Golf course, where you can putt, putt and putt some more.

9:00am - 5:00pm Deck, 12 Mid
- 8. CARIBBEAN PARTY DANCE CLASS**
Your Entertainment Staff will teach you some Caribbean Dance Party moves that you can show off at the Caribbean beach party this evening!

6:30pm Casino Bar, 5 Mid
- 9. EA SPORTS TRIVIA**
If your mom ever said playing video games would never pay off, here's your chance to prove her wrong. Answer the most EA SPORTS-related trivia questions and you could be crowned the Champion of your Cruise. Now there's some nerdy bragging rights.

5:00pm EA Sports Bar, 5 Fwd
- 10. NASSAU HIGHLIGHTS SHOW**
The cruise is not over yet! There is still great shopping and exploring to be experienced. Attend the Nassau Highlights Show to learn more about our final port of call and where the best shopping and attractions are. Every person that attends will receive a free gift!

4:00pm Degas, 5 Aft

GET YOUR GROOVE ON

- DECK SOUNDS WITH YOUR DJ'S**
5:00pm - 6:00pm Lido Main Pool, 9 Mid
- LIVE TUNES WITH TRAVIS**
8:30pm - 12:00am Vincent's, 5 Aft
- DANCE MUSIC WITH O&O DUO**
6:00pm - 9:00pm Lobby, 3 Fwd
10:00pm - 12:00am Lobby, 3 Fwd
- GUITAR TUNES WITH ASHBY**
5:00pm - 6:00pm & 7:15pm - 8:15pm Casino Bar, 5 Mid
9:00pm - 12:00am Casino Bar, 5 Mid

- KARAOKE AWESOME**
8:00pm - Late Degas, 5 Aft
- HITS & MIXES WITH DJS VINNIE P & KOZ**
10:00pm Country Hour Henri's Nightclub, 5 Mid
11:00pm - Late Henri's Nightclub, 5 Mid

HIT THE JACKPOT




Tahiti Casino Opens at 5:30pm

- BLACKJACK PRO HAS ARRIVED**
We now offer state-of-the-art Blackjack Pro tables for your gaming pleasure. Join us at these exciting tables for non-stop action all through the night!
- TAKE A CRUISE, WIN A CAR**
Play our two-cent BMW slot machines and you could be driving off in a brand-new car. Seriously. +
Tahiti Casino, 5 Fwd

- NO COINS? NO PROBLEM.**
Keep your change for the vending machine. See our friendly casino hosts and they'll set you up to play coinless slots. Use your Sail & Sign® card for up to \$3,000 casino play per day.
Tahiti Casino, 5 Fwd

CARNIVAL YOUTH EXPERIENCE

Come by for fun activities, games, & more!

- **DAY OF PLAY**
7:45am (ages 0-11) Camp Carnival, 12 Fwd
- **CELEBRITY HEADS**
9:30pm (ages 12-14) Circle "C", 4 Fwd
- **POOL TIME**
8:40pm (ages 15-17) Main Pool, 9 Mid

HASBRO, THE GAME SHOW

Join Gary this evening and see your favorite family games come to life in our larger-than-life game show at sea! Come join in the fun!

EPISODE 2

7:30pm
Toulouse Lautrec, 3, 4 & 5 Fwd

REDFROG'S CARIBBEAN BEACH PARTY

Music, dancing, limbo, giveaways and drink specials. Looks like the only thing we're missing is the sand to make it a true beach party. But join us anyway for RedFrog's Caribbean Beach Party. And as the frog always says, Live Thirsty~!

9:00pm Caribbean Party Music Lido, 9 Fwd
9:45pm Fun & Prize Give Away Lido, 9 Fwd
10:00pm Redfrog's Caribbean Beach Party Lido, 9 Fwd

GET IN ON THE ACT

SHOWCASE OF THE STARS - SIGNUPS

If you've got talent, we've got the stage. Head over to the Showcase of Stars rehearsal to sign up and show the entire ship that you've got some real skills. (Must be over 18 to perform. 5 acts maximum so get there early!)
5:00pm Meet in the Lobby, 3 Fwd

PLAN ON IT

- CHOOSE YOUR ADVENTURE**
Whether it's adventure, sightseeing or relaxation, Carnival Shore Excursions has something for everyone. Book your tours at the Shore Excursion or Guest Services Desk, but don't wait too long - tours sell out quickly!
7:30am - 9:00am Lobby, 3 Fwd
5:00pm - 7:00pm Lobby, 3 Fwd

- THE POINT™ STEAKHOUSE**
How'd we create the ultimate steak experience? We combined a delicious steakhouse menu with our unique 'Carnival style'. Suc-culent beef seasoned and charbroiled to fit your exact specifica-tions, mouth-watering seafood entrées, gourmet appetizers and an extensive wine list – and you've got what we like to consider the best steakhouse on the high seas! For reservations, call 1078. There will be a fee of \$35 per person.
5:30pm - 9:30pm "The Point" Steakhouse 10, Mid

- MASTERCARD WITH FUNPOINTS**
Earn instant approval...on your Carnival MasterCard® with FunPoints,® that is. Then all your onboard purchases, starting now, will earn you double FunPoints redeemable toward cruise discounts, onboard gifts or onboard credits. You're even eligible to redeem your FunPoints for a \$50 credit on your next card statement.
6:00pm - 8:30pm Future Cruise Desk, 5 Mid

SPA EXPERIENCE

- SPA TASTER**
Combine 2 treatments for \$99 or 3 for \$129. Choose 25mins of: back massage, Salt/Lime/Ginger full body exfoliation, foot massage, scalp massage, hand massage, hydrating spa facial. Upgrade your back massage for Bamboo or Stones massage for only \$25.
Spa Carnival, 11 Fwd

HAVE A GREAT TIME:

WEDNESDAY, SEPTEMBER 4, 2013

MORNING

- 7:00am Stretch.....Spa Carnival®, 11 Fwd
- 7:30am Abs ClassSpa Carnival®, 11 Fwd
- 8:00am Approximate Arrival in Freeport
Free Acupuncture ConsultationsSpa Carnival®, 11 Fwd
Card PlayersLibrary, 4 Fwd
- 9:00am PuzzlesCafe Fans, 5 Mid
Friends Of Bill W/Jimmy K.....Library, 4 Fwd
- 11:00am Giant Tumble.....Lobby, 3 Fwd

AFTERNOON

- 1:00pm Golf Putting ChallengeMini Golf Course Deck, 12 Mid
- 2:00pm Freethrow ContestSport's Court
- 3:00pm Skin Correction Clinic.....Spa Carnival®, 11 Fwd
- 3:15pm Super Duper Trivia.....Lobby, 3 Fwd
- 4:00pm Bean Bag Toss.....Lido, 9 Mid
Nassau Highlights ShowDegas, 5 Aft
- 4:15pm Cellulite Solutions.....Spa Carnival®, 11 Fwd
- 4:30pm All Guests Back On Board
Afternoon Show With Gary....Channel 27/Seaside Theater

EVENING

- 5:00pm Carnival Conquest® Sets Sail
Showcase of the Stars - Signups.....Lobby, 3 Fwd
EA Sports Trivia ChallengeEA Sports Bar, 5 Fwd
Total Body ConditioningSpa Carnival®, 11 Fwd
- 5:30pm Texas Hold Em Players Meet.....Casino, 5 Fwd
Modern Masters Sale.....Pissarro Room, 3 Fwd
Inch Of Gold Sale & Raffle+.....Fun Shops, 5 Fwd
Souvenir T Shirts+.....Fun Shops, 5 Fwd
- 6:00pm Guess The Price Of The Painting....Pissarro Room, 3 Fwd
- 6:30pm Caribbean Party Dance ClassCasino, 5 Mid
- 7:30pm Hasbro, The Game Show Ep. 2 ...Toulouse Lautrec, 3 Fwd
- 7:45pm Invicta Watch Sale.....Fun Shops, 5 Fwd
- 8:00pm Karaoke Awesome.....Degas, 5 Aft
- 8:30pm Balloon Bingo +Toulouse Lautrec, 3 Fwd
Fun with your Fun PatrolCasino Bar, 5 Mid
- 8:45pm Texas Hold'em Players meet.....Casino, 5 Mid
- 9:00pm Caribbean Party Music.....Lido, 9 Mid
Effy Jewelry Sale +Fun Shops, 5 Fwd
- 9:45pm Fun & Prize Give AwayLido, 9 Mid
- 10:00pm Redfrog's Caribbean Beach PartyLido, 9 Mid
Night Owls +Camp Carnival, 12 Fwd
Surprise Gift Basket Raffle.....Fun Shops, 5 Fwd
- 10:30pm Close Up Magic With MateThe Gallery, 4 Mid
- 11:30pm GLBT Gathering.Alchemy Bar, 5 Aft
Texas Hold'em Players meetCasino, 5 Mid
- 12:00am Hold Em & Blackjack Open until late +Casino, 5 Fwd

+ Fees apply

Important: Please keep your watches always on ships time

LOOKING AHEAD

Here are some things happening later this cruise that you will not want to miss.

GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at the Cherry On Top on Promenade, 5 Fwd for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband.

***EMERGENCY CONTACT INFORMATION**
Inchcape Shipping Cell # 242 727 4533