

Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

Norwegian Star

Thursday, 3rd April, 2008
Location: Acapulco, Mexico

Today's forecast
Mostly Sunny, 87F/32C

Sunrise
5:40am

Sunset
5:52pm

Arrival
Noon

Departure
12:30am

Tip of the day

With Freestyle Cruising, you're free to whatever. And since you won't miss a scheduled dinnertime, we'd suggest exploring the shore with one of our pre – arranged shore excursions. Come to the Shore Excursion Desk today.

Tonight's entertainment

The Antonio Ramirez Folkloric Show

Norwegian Cruise Line is proud to present The Antonio Ramirez Mexican Folkloric Show. Experience the rich culture of the region in Pre-Hispanic Dances, Rope Tricks, and Singing. The Antonio Ramirez Folkloric Show has performed for over 20 years and has represented Mexico internationally.

Time: 7:45pm & 9:15pm, Spinnaker Lounge, Deck 12, Fwd

Fiesta Deck Party

Join us under the Stars of Acapulco for the biggest Deck Party of the cruise. This is an event that you don't want to miss. Enjoy the evening with your Cruise Director's Staff and the crowning of Mr. Hot Stuff 2008. Music by Xcite. Try our drink special, the Piña Loca, for only \$9.00.

Time: 10:15pm, Poolside, Deck 12, Mid (weather permitting)

Welcome to Acapulco

Acapulco, the queen of Mexican beach resorts, is ever-popular with year round foreign & domestic visitors. It delivers an action packed, 24 hours a day exuberance that makes every moment count, & an array of attractions & activities to please almost any visitor.

Resort activities centre around three areas. Beginning south of Acapulco Bay is the Playa Revolcadero area. Once the private domain of the Princess and Pierre Marques resorts, this long stretch of open ocean beach (backed by an enormous tropical lagoon).

Just to the north is the Puerto Marques area. This tranquil bay, for years of little interest to developers, is now the site of the enormous Acapulco Diamante resort & residential development.

Finally, there is the south-facing Acapulco Bay, a u-shaped, mountain-framed natural harbor that rivals Rio & Hong Kong for beauty. Acapulco's tempo is more urban than resort, as the city approaches 2 million residents. Thanks to its discos, bars, & clubs, Acapulco is the #1 choice with party lovers. Acapulco's cliff divers are not to be missed.

We respectfully ask, because we care, that all guests use the hand sanitizing stations at all times, especially when coming back from all ports of call and before dining in our restaurants. If you develop any kind of gastrointestinal symptoms then please report them immediately by calling 3333 or 00. No fee will apply for consultation, only for medication.

What's on tap today

Noon: Welcome to Acapulco. All guests, including children, must carry their key card as well as photo ID. The Gangway location will be announced upon arrival. Fruits and vegetables cannot be taken ashore nor brought back to the ship. All aboard time is Midnight. Please keep watches on ship's time at all times.

Shopping Consultant: Welcome to beautiful Acapulco. Darell will be on the pier for any last minute questions. Take your port maps and coupons today as you head ashore in Acapulco.
Gangway Time: Upon Arrival
Deck 4, Mid

Shore Excursion Desk: It's not too late to sign up for tours in Acapulco. Many tours are still available. Zihuatanejo is a short call so make the most of your time with a Shore Excursion. Ask the staff for recommended tours.
Time: 9:00am-11:00am & 5:00pm-7:00pm
Grand Atrium, Deck 7, Mid

Diamond and Exotic Gem Seminar: Diamond Buying & Negotiating Diamond shopping day is coming up. Learn how to get the most for the least and make wise decisions when shopping for diamonds and gemstones this cruise.

Time: 9:15am
Endless Summer, Deck 8, Mid

One Game Bingo on the H₂O: It's one game of bingo with cash at stake. Bring your kids along because for every adult purchase you make, one child plays free.

Time: 10:45am
Spinnaker Lounge, Deck 12, Fwd

Photo Gallery: Your beautiful photos taken in the Dining Rooms for Dress up Night are on display in the gallery today. Make sure to drop by the Photo Gallery today for all your photo needs before going ashore in Acapulco.

Time: 9:00am-Arrival & 8:00pm-11:00pm
Photo Gallery, Deck 7, Fwd

Don't miss this!

Enjoy the authentic sounds of Los Solos, our very own Mexican Mariachi musicians.

Time: 5:30pm-9:30pm, Grand Atrium, Deck 7, Mid.

Bar Manager's Specials

Drink of the day: "Blue Lagoon", \$7.95 (Served in a Souvenir Glass)

Fruit Smoothie: "Pineapple", \$9.00; without alcohol \$6.00 (Served in a Souvenir Smoothie Cup)

Coffee of the day: "Café Napoleon" **Today's Shooter:** "Alabama Slammer", \$3.50

Martini of the day: "Pear Pleasure", \$9.25 **Vodka of the day:** "Stoli Elite"

Star Bar: Cheese plate available with wine from 5:00pm-9:00pm

Endless Summer: Free Tapas & Guacamole can be requested with specialty Tequila drinks purchased from 5:30pm-Close

Dear Cruise Director,

How can I lose weight this cruise?

If you don't want to put weight on this cruise let one of our professional Spa Staff help you drop the weight forever without even lifting a muscle....read on!

Personal Training is your personal prescription towards a healthy and strong physique, but it is hard work! Why not get the latest in weight loss products from the Fitness Directors? These natural herbal supplements are proving to be the quickest and safest way to lose those extra pounds and stay healthy. Past cruisers have found the secret, have you?

The Ionithermie Specialist can guarantee a loss of 1-8 inches per session!! This is with you just lying down on a table and not moving. How? Well, it is to do with detoxification of the human tissues with natural seaweed algae and a computerized toning system that makes you feel great and look great immediately after the session.

I lost 5 inches from my session! When are you going to stop dreaming of the body you want and actually get it right now the easy way?

Call 11777 right away. The Gym, Spa & Salon are open all day in port.

Shore Excursions

Zihuatanejo is the best kept secret of the Mexican Riviera. It is the most rustic port we will be visiting. Excellent for a beach day. Isla Ixtapa or Las Gatas Beach Break are highly recommended. That is where the Captain likes to go to get some sun and chill out for a while.

Desk Hours: 9:00am-11:00am & 5:00pm-7:00pm
Grand Atrium, Deck 7, Mid

Final Art Lecture – Old Masters

Join us for our final lecture of the cruise - Old Masters featuring Picasso, Dali, and Chagall like you've never seen them before. Don't miss this enriching, fun, exciting and brief lecture about these great men and their artworks.

Time: 10:15am-10:45am
Carousel Lounge, Deck 7, Fwd

Bags

Bypass busy airport check-ins by taking advantage of NCL's exclusive BAGS program. Have your luggage checked through all the way to your final destination from here, on board the ship. BAGS gives you freedom, security and stress relief for just \$16/person.

Deadline: Puerto Vallarta at 8:00pm
Reception Desk, Deck 7, Mid

Galleria Gift Shop

Don't miss our PGA Tour Polo shirts that just arrived on board. They're available in the Galleria now. Going ashore? Visit us to make sure you have everything you need from sun block to beach bags.

Time: 9:00am-Arrival

Ginza Restaurant

Travel with us to Japan, China, Singapore & Korea through Ginza. Try Sushi and Sashimi, Ginza style. Experience Asian Fusion Cuisine at its best. Cover charge applies. Reservations suggested so call #6767 or visit the Reservation Desk in Endless Summer, Deck 8, Mid from 7:00am-5:00pm.

Star Club Casino

Slots & Tables will open today prior to arrival. Slots re-open 30 mins. after departure from Acapulco. Charge up to \$2,000/gaming day for casino play. Texas Hold'em Tournament starts tomorrow at 3pm. Turn your \$10 into \$20 on slots. Present your coupons to the cashier.
Time: Slots re-open approx. ½ hour after sailing
Star Club Casino, Deck 6, Fwd

Deck Party's #1 Beverage

Try our delicious Piña Loca tonight. It comes in a hollowed out pineapple filled with a concoction of freshly blended pineapple and banana, 151 Rum, spiced rum, Malibu Rum and Piña Colada mix and Grenadine Syrup.

Time: 4:00pm-Close
Poolside, Deck 12, Mid

Freestyle Cruise Rewards

Secure that future cruise, \$250 deposit per cabin and get a \$100 instant on board credit. Check us out on channels 4 & 14 on your stateroom TV. Get excited about Freestyle Cruise Rewards. Sign up anytime during this cruise.

Time: 9:00am-10:00am
Office (beside the Shore Excursions Desk)
Deck 7, Mid

Photo Gallery

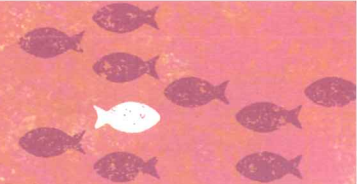
Make your cruise memory last forever. Order beautiful Crystal or Etched Ornaments from the Photo Gallery. Receive a free 8x10 photo with every order.

Gallery: 9:00am-Arrival & 8:00pm-11:00pm
Photo Gallery, Deck 7, Fwd

Internet Café

Happy Hour: 50% off time charges. Login today between 8:00am & 10:00am. Valid for both wireless and Internet Café users. Details are posted in the Internet Café.

Manager's Hours: 9am-Noon & 6:30pm-8pm
Internet Café, Deck 9, Mid (Accessible 24 hrs.)



Stuff for the Morning People...

Wake up Stretch with your Fitness Instructor	Fitness Center, Deck 12, Aft	7:30am
Metabolism Checks (2 for 1 Special today only)	Fitness Center, Deck 12, Aft	8:00am
Spa Special: 5 Steps to Heaven (1½ hours for only \$99)	Barong Spa, Deck 11, Aft	8:00am-3:00pm
Pick up Crosswords and Sudokus	Library, Deck 12, Fwd	9:00am
Murder Mystery Dinner Sign-up (first 100 guests only)	Library, Deck 12, Fwd	9:00am-11:00am
Australian Airbrushed Tattoos (weather permitting)	Poolside, Deck 12, Mid	9:00am-Noon
Beach Items Sale	Pool Deck, Deck 12, Mid	9:00am-Arrival
Morning Trivia #3	Star Bar, Deck 13, Mid	9:15am
Diamond and Exotic Gem Seminar	Endless Summer, Deck 8, Mid	9:15am
Destination Lecture: "The Man Who Killed Houdini"	Cinema, Deck 12, Fwd	9:15am
Golf Putting	Gatsby's, Deck 6, Mid	9:45am
5 Steps to Flawless Skin Seminar	Barong Spa, Deck 11, Aft	10:00am
Arts & Crafts: "Paint a Picture of a Parrot"	Star Bar, Deck 13, Mid	10:15am
Country Line Dancing with your Cruise Director Ricky	Spinnaker Lounge, Deck 12, Fwd	10:15am
Art Seminar: History of Art & Secrets for Beginner Art Collectors	Carousel Lounge, Deck 7, Fwd	10:15am
Cellulite Solutions Seminar	Barong Spa, Deck 11, Aft	10:30am
One Game Bingo on the H ₂ O	Spinnaker Lounge, Deck 12, Fwd	10:45am
Live Music: Xcite (weather permitting)	Poolside, Deck 12, Mid	11:00am-12:45pm

Add pizzazz to your afternoon...

Lunchtime Sports Trivia	Gatsby's, Deck 6, Mid	1:30pm
Informal Bridge Play	Card Room, Deck 12, Fwd	2:00pm-4:00pm
Water Volleyball – play with fellow guests	Poolside, Deck 12, Mid	3:30pm-4:30pm
Friends of Bill W. Meet	Boardroom, Deck 12, Fwd	5:00pm
Live Music: Mariachi Band from Acapulco	Grand Atrium, Deck 7, Mid	5:30pm-9:30pm

Everything's hotter when the sun goes down...

Spa Value Price – tonight all night, same treats, lower prices	Barong Spa, Deck 11, Aft	6:00pm-10:00pm
Cigars under the Stars	Bier Garten, Deck 13, Fwd	7:00pm
Friends of Dorothy	Star Bar, Deck 13, Mid	7:00pm
Impressionism Art Exhibition	Art Gallery, Deck 6, Fwd	7:00pm
Wii by Nintendo Games Tournament – win prizes	Pearl Martini Bar, Deck 7, Fwd	7:00pm-10:00pm
Mexican Folkloric Show – colorful & fun	Spinnaker Lounge, Deck 12, Fwd	7:45pm & 9:15pm
Progressive Team Trivia #4	Star Bar, Deck 13, Mid	8:00pm
DJ Jasper plays your favorites	Poolside, Deck 12, Mid	8:00pm-10:00pm
Live Music: Jana Seale "Acoustic Coffee House"	Gatsby's, Deck 6, Mid	8:00pm-10:00pm
Fiesta Deck Party with Xcite – all invited (weather permitting)	Poolside, Deck 12, Mid	10:15pm
Karaoke: Drink, sing and be merry	Spinnaker Lounge, Deck 12, Fwd	10:15pm-Close
DJ Jasper – Nightclub	Carousel Lounge, Deck 7, Fwd	10:15pm-Close
The Music of Motown with DJ Jasper	Carousel Lounge, Deck 7, Fwd	11:00pm-Midnight
Slots re-open approx ½ hour after sailing	Star Club Casino, Deck 6, Fwd	1:00am (approx.)-Close

Ok, we know this looks like a schedule (gasp!), but remember you're free to whatever!

Bar Services

Java Café Deck 7, Mid	7:30am-Midnight
Barong Juice Bar Deck 12, Aft	8:00am-9:00pm
Topsiders Poolside Deck 12, Mid	8:00am-Close
Red Lion Pub Deck 7, Aft	10:00am-1:00pm 4:00pm-Close
Bier Garten Deck 14, Fwd	10:00am-1:00pm 4:00pm-Close
Spinnaker Lounge Deck 12, Fwd (over 18 years after 11pm)	10:00am-Noon 6:00pm-Close
Carousel Nightclub Deck 7, Fwd (over 18 years after 11:30pm)	5:00pm-Close
Pearl Martini Lounge Deck 7, Fwd	5:00pm-Close
Gatsby's Champagne Bar Deck 6, Mid	5:00pm-Close
Star Bar Deck 13, Mid	5:00pm-Close
Casino Bar Deck 6, Fwd	Closed

Guest Services

Reception Desk Deck 7, Mid (#00)	Open 24 Hours
Restaurant Reservation Desk Endless Summer, Deck 8, Mid (#6767)	7:00am-5:00pm
Medical Center Deck 4, Mid	8:30am-10:00am 4:00pm-6:00pm
On board Credit Desk Deck 7, Mid	9:00am-Noon 6:00pm-8:00pm
Outdoor Pool/Jacuzzi Deck 12, Mid	8:00am-10:00pm
Waterslides are open Deck 12, Mid	10:00am-5:00pm
Kids Under 2 Play Starboard Room, Deck 12, Fwd (Entrance Spinnaker Lounge)	9:00am-5:00pm
Library is open Deck 12, Fwd	9:00am-Noon 4:00pm-6:00pm
Arcade Deck 12, Aft	Open 24 Hours
Cruise Consultant Office Located, Deck 7, Mid	9:00am-10:00am

Freestyle Dining

Blue Lagoon Café – Deck 7, Aft Light bites/burgers (closes from 4am-5am; room service menu available)	Open 24 hours
Room Service (#10333) For whenever you're hungry	Open 24 hours
Market Café – Deck 12, Mid	6:30am-11:00am
Versailles – Deck 7, Aft	7:30am-9:00am
The Grill – Deck 12, Mid	11:00am-Close
Complimentary Ice Cream – Deck 12, Aft	11:00am-5:00pm
Versailles – Deck 7, Aft	11:30am-1:30pm
Market Café – Deck 12, Mid	11:30am-3:00pm
Afternoon Snacks – Deck 12, Aft	3:00pm-5:00pm
Market Café – Deck 12, Mid	4:30pm-9:00pm
Versailles – Deck 7, Aft Designated dining room	5:30pm-9:00pm
La Trattoria – Deck 12, Mid Now that's Italian – Reservations required	6:00pm-Close
Endless Summer – Deck 8, Mid Tequila Bar / Tex Mex – Reservations required	6:00pm-Close
Cagney's Steakhouse* – Deck 13, Mid Grilled perfection, elegant setting	6:00pm-Close
Le Bistro* – Deck 6, Mid French cuisine that's magnifique	6:00pm-Close
Ginza Asian/Sushi* – Deck 7, Mid Fusion of exotic Asian flavors	6:00pm-Close
Teppanyaki Room* – Deck 7, Mid Authentic Japanese dinner experience	5:00pm & 6:30pm 8:00pm & 9:30pm
Aqua – Deck 6, Mid Five-courses, more intimate	6:30pm-10:30pm
Soho Room* – Deck 6, Mid Artful California/Pacific Rim	Closed
Mexican Snacks – Poolside, Deck 12, Mid	8:00pm-Close (weather permitting)

*These restaurants charge a cover, and for what you get, you'll find it's well worth it. SoHo & Le Bistro \$15.00, Ginza \$10.00, Sushi \$15.00, Teppanyaki & Cagney's \$20.00. Reservations are highly recommended for La Trattoria and Endless Summer Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5 pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account. For Reservation call 6767 or visit the Restaurant Desk located in the Endless Summer, Deck 8, Midship. Jeans are NOT permitted in the "Designated" venue for dinner. All other dining venues will allow presentable jeans to be worn in the evenings. Shorts, Track Suits, T-Shirts, Cut Offs, Tank Tops and Flip Flops are not permitted in any dining venue for dinner times. Bare Feet and Bathing Suits are NOT permitted in any inside dining venues at any time. There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry, or shellfish that is raw or undercooked. There is also a risk involved when consuming un-pasteurized juices. If you have a chronic illness immune disorder and are unsure of the risks, please consult a physician.

Emergencies: Simply dial #911 from any on-board ship phone.

All about alcohol: If you bought liquor and other beverages on shore, we'll hold them for you until the last night of your cruise.

Who can drink: Parental consent is required for 18 years old & above to purchase & consume beer, wine & wine cooler.

Open Flames: Open flames, like burning candles and incense, aren't allowed.

Outgoing Telephone Rates: Ship to shore calls can be made from the phone in your stateroom. To the US & Canada \$5.95 per minute! International calls are billed at the rate of \$6.95 per minute. Toll-free numbers (800) and operator-assisted numbers are charged the same rate as calls to the US & Canada. Credit cards & calling cards are not accepted.

Environmental Hotline: To report any environmental problems, call the Reception Desk at 00 or send a letter to Norwegian Cruise Line & NCL America, 7665 Corporate Center Drive, Miami, Florida 33126 or an email to EnvironmentalHotline@ncl.com.

All reports are confidential.

Safety Equipment: Please don't remove or damage with any safety equipment on board (such as smoke detectors or fire extinguishers). Please follow safety instructions from the crew members.

Casino: You have to be 18 (and have ID) to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Also, drinks or glassware can't be taken out; pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above could be subject to W2-G tax withholding.

Smoking Areas: Smoking of cigarettes is permitted in all guests respective staterooms (incl. balcony's), Casino – Deck 6, Havana Club – Deck 6 (also for pipe and cigar smokers), Promenade Deck 7 (outer deck), Pool Deck 12 & 13 (portside only – seating area), Sun tanning area – Deck 13, Fwd, Bier Garten – Deck 14, Fwd. Please use the ashtrays to fully extinguish all cigarettes & refrain from throwing cigarettes or objects over the ship's side.